

## **GG&C** (Acute) Tips for Pressure Ulcer Prevention and Management

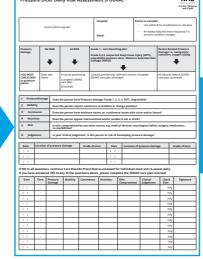


**Familiarise** yourself with the Policy

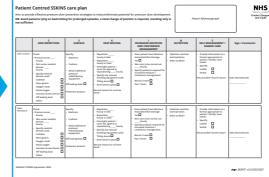


**Daily PUDRA** check skin and pressure points

Foot



At Risk (any Yes answers) complete all sections of care plan and check relevance daily



**Involve Patients,** relatives/carers provide leaflet & record in care plan



A guide to help you

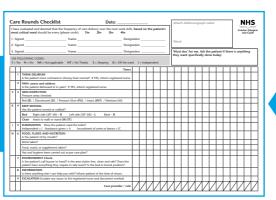
Prevent Pressure Ulcers
(also known as bed sore, pressure so

**Record on care plan** actions to improve and prevent and moisture damage



Knee

**Grade all pressure** ulcers and act on moisture

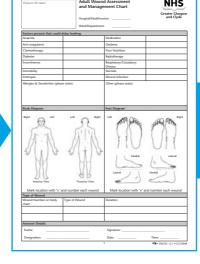


Link care rounding with PUDRA **Use variance** sheet on back page

**Record use of** products in care plan and reasons if not used in nursing evaluation



**Complete wound** assessment chart for all wounds



New pressure ulcer refer to Tissue Viability on Trakcare

