

NHS Greater Glasgow and Clyde Virtual Hospital Care: Discharge to Scan

What is Discharge to Scan?

Discharge to Scan means you are **well enough to go home**, but you still need a **CT or MRI scan** to help your hospital team complete your care.

Instead of staying in hospital to wait for your scan, you can **recover at home within our Virtual Hospital** and return for your scan when your appointment is ready.

This helps you:

- **Get home sooner**
- **Rest and recover in familiar surroundings**
- **Avoid staying in hospital longer than you need to.**

Why am I being offered this?

Your hospital team has checked that:

- You are **medically fit to leave hospital**
- It is **safe for you to go home.**

You have been offered Discharge to Scan because it is safe, planned, and supported.

Remember '**It's Okay to Ask**'. The hospital team will make sure you understand the Benefits, Risks, and Alternatives, including doing nothing (We call this BRAN).



○ What happens next?

1. Going home

Before you leave hospital, we will:



Explain why it is safe for you to go home



Talk through any symptoms to watch out for



Give you clear advice on who to contact if you feel unwell.

The team are happy to answer your questions. You should feel confident and informed about going home, before you leave the hospital.

2. Your scan appointment

After you go home:

- The Virtual Hospital will contact you
- The staff will book your scan
- We will phone you with the appointment details
- We may offer you an appointment at any hospital in NHS Greater Glasgow and Clyde. If you request a specific location, this may delay your scan
- Most scans are arranged within 5-7 working days.

You do not need to phone to book the scan yourself. We will do this for you.

3. Coming back for your scan

On the day of your scan:

- You will come into hospital just for the scan
- The team will explain what will happen
- You can usually go home after your scan.

4. Getting your results

After your scan:

- The results will be reviewed with your hospital team
- We will contact you with the results within a few days of your scan
- Your referring clinician or hospital team will let you know if you need any follow up appointments or treatment.

5. What should I do while I'm at home?

While waiting for your scan:



Follow the advice
given by your
hospital team



Rest and recover
as you normally
would



Get help urgently
if you feel worse.

Your hospital team will give you **clear instructions** on:

- Which symptoms mean you should get help
- Who to contact during the day
- What to do out of hours.

If you are worried, do not wait for your scan appointment.

Common questions

- **Is this safe?**

Yes. This option is only offered when your team feels it is safe for you to go home with the right advice and support. If you are unsure, please talk to us before you leave. We want you to feel confident before leaving the hospital.

- **Will my scan be delayed because I went home?**

No. Your scan is still prioritised and arranged as part of your hospital care.

- **Do I need to contact my GP?**

No. This is organised through hospital services. Once complete your GP will receive a copy of the results.

Contact Information

If you have a non-urgent concern

Contact the Virtual Hospital between 8.00am and 10.00pm, 7 days a week by calling **0800 652 1425**. Your enquiry will be passed to a member of the clinical team for advice.

If you think it's urgent but not life-threatening

Call **NHS 24** on **111**.

If you think it's an emergency

Go straight to your nearest **A&E** or call **999**. Approved Approved

