

Ward 2A/2B - the big move

Young Patients' Guide



March 9th is moving day – for you and the other patients on Wards 6A and 4B in the QEUH.

We'll all be moving back to the Royal Hospital for Children, where we'll all come together on the Schiehallion Ward (or Ward 2A/2B).

The ward has undergone a massive refurbishment and the result is a high-quality environment where we can keep you safe and look after you, and make you and your family or carers feel welcome and comfortable.

All the patient rooms have had a full make-over and there's a whole range of other facilities that are either new or have been upgraded.

Ward 2A is the inpatient part of the ward and it comprises 24 patient rooms, with play and social areas for all age groups, and a parent kitchen and sitting area.

Ward 2B is the Schiehallion day care unit and has five treatment rooms and two, four-bed bay areas. If you go to Ward 2B, most of the treatment you receive will be in the shared bed bays.

So before the 9th, we want to give you some information about what to expect when you move, and what you'll find when you get there.

Our team will be there to support you and your family or carers throughout the move, so if you have any questions, that aren't covered in this booklet, please speak to one of the ward staff and they'll do their best to help you.

Before the big day we'll be organising tours of the new ward, so if you'd like to join your family or carers when they see round we'll do our best to make that happen. Remember, though, if your doctor thinks it would be better for you to stay in the ward until moving day, we'll be guided by that.

But don't worry if that happens – we've made a video of the new ward so we'll be able to take you on your own virtual tour even if you can't see it in person. If you want, you'll be able to share the video with your family or carers and friends so they can see the new facilities too.



Use your mobile on this QR code for your own virtual tour or visit:
nhsggc.scot/schiehallion



The big move

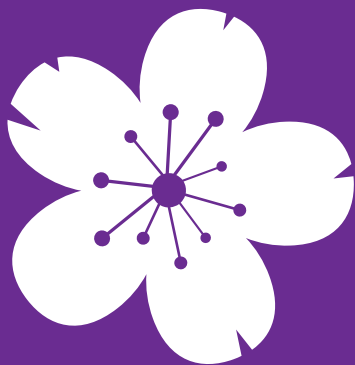
On March 9th, we'll be moving back to Ward 2A/2B. Final preparations are being made, and a few days before the move we'll give you and your family or carers more detailed information about exactly what will be involved on the day.

Your move will take place at a specific time that you'll be told about in advance, and you'll follow a set route to make sure everything runs as smoothly as possible. There will even be a designated lift just for you and the other patients.

The nurse looking after you will ensure that you are safe throughout the move and will then stay with you until you are settled in your new room. Your family or carers will also be able to be with you when you move.

We would ask that, in the days before your move, you and your family or carers pack up belongings so they can be moved easily.

And one last thing: all the people who you currently see on the ward – every nurse, every doctor, every play leader or health care support worker – will be moving with you to the Schiehallion Unit. That means that you'll see the same faces every day, and more importantly absolutely nothing about how you're looked after will change.



Every nurse, doctor, play leader or health care support worker, that you already know, will be moving to the Schiehallion Unit with you.



The new ward

We're really excited about the new ward and the work that's been done to give you everything you need.

From the moment you arrive you'll see the bright, colourful 'Schiehallion' logo at the door, and inside we've tried to make the whole place feel welcoming for young people.

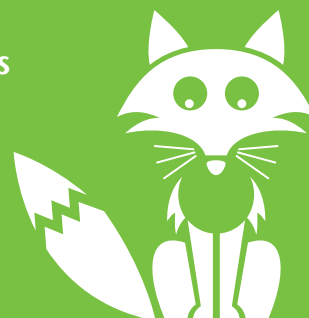
We have installed new iPads, complete with a new entertainment system, where you can watch TV, films, play games and use other interactive services.

Children and young people have played an important role in making sure that the iPads provide what our young patients need and want, so we're sure you'll be able to find something to help you pass the time of day!

But that's not where the facilities end – if you feel like it, there are fantastic spaces just for you where you can go to relax, watch TV, or chat with other people your own age.

Our 8-12 year old zone

For patients aged 8-12, two of our former patients, Molly Cuddihy and Sara Millar, have raised hundreds of thousands of pounds for the hospital, and some of that money has been used to create a new space for you. With comfy seats, TV, computer area and plenty of places to charge your phone or tablet, it will be a great place to go and spend some time away from your room.



Teenagers

For our older patients, the Teenage Cancer Trust has helped us to create a fantastic atmosphere throughout the ward and with their help we have built your own chill-out space complete with TV area, pool table, digital juke box, computer zone and sofas. The TCT facilities are supported by a dedicated Youth Co-ordinator, who is on hand to give you help and support, and maybe to introduce you to other patients who are on a similar journey to you.



Are you getting hungry?

Since Schiehallion is a basically whole new ward, we thought it would be the perfect time to give you a new menu too!

In it you'll find a great range of tasty, nutritious meals with veggie and easy-to-chew options every day. There's a vegan menu, available on request, and we have menus to suit a range of diets, including Kosher and Halal.

But that's not all. We know that, because of your treatment, you might not want to eat at normal mealtimes but instead really fancy a tasty snack later in the evening.

So in Ward 2A there will now be an out-of-hours snack menu available until 10pm each evening, offering a range of favourites like burgers, chicken nuggets and toasties.



Family and carers? We haven't forgotten them

We know that your family will be spending a lot of time on the ward, and it's really important to us that they're fully supported throughout your journey, so we've not forgotten them in the work on Ward 2A.

The kitchen for parents and carers has been given a makeover so it's a light, clean, relaxing place to store and prepare food, make a cup of tea, or just take five minutes to chat with other parents.

And to make sure they're comfortable if they're staying overnight with you, all single bedrooms have built-in, fold-down beds.



The 'hospital' bit

We know that, no matter how comfortable and welcome we make you feel, the reason you're staying with us is so we can do everything we can to care for you.

Your care and safety is our biggest concern, and we've done lots of work behind the scenes to achieve that.

We've put in place the best safeguards we can, and the ward will be constantly monitored by our infection control experts and estates teams.

All this means that we are in the best possible position to look after you and keep you safe. But, remember, if you have any questions about the new ward, please speak to your nurse or doctor, or any of our ward staff, and they'll do their best to help.

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Things to remember

We've done lots of work to make sure the new ward is the best place to care for you, and we hope you and your family or carers will feel comfortable and welcome there.

However, there are a couple of things we would ask you to remember:



Doors

One of the biggest jobs we've done on the new ward is to replace the ventilation system - but to make this system work best, we need you and your family to keep all doors closed throughout the ward.

We know this isn't what you might want, but we hope you understand... and remember, if you fancy a bit of time away from your room, the new chill-out zones have everything you need!

In Ward 2B the ventilation has also been replaced, but because it's a day ward the rules round doors aren't as strict (which means nurses won't get on at you so much if you leave your door open!).



Sinks

Please remember the sinks within patient rooms are clinical wash hand basins and should only be used by staff.

If you, your family or carers or any visitors need to wash their hands or face, or brush their teeth, please use the sink in your bathroom. And please don't pour anything down either of the sinks!



That pesky COVID!

As you'll know, COVID restrictions across Scotland are easing, and life outside the hospital is beginning to get back to normal.

But inside the hospital we're still taking every precaution to protect our patients from the virus.

This is especially important for you, and the whole of Schiehallion Ward, so when we first move into the ward we may need to restrict access to certain facilities such as the chill-out areas and the kitchen for families and carers.

We know this is inconvenient, but we hope you understand that it's another way we will be working to keep you safe.

As time goes on, and as the situation changes, we'll do all we can within the rules to start opening up access again.

Over to you

We hope that this guide answers any questions you might have about moving day and the new Schiehallion Ward.

We are confident that you'll like your new surroundings and that you'll feel comfortable, welcome and above all safe.

But remember, if you have any questions, or are in any way worried about the move, please speak to your nurse or doctors, or any of the staff on the ward, and they'll do everything they can to help.

See you in the Schiehallion!

