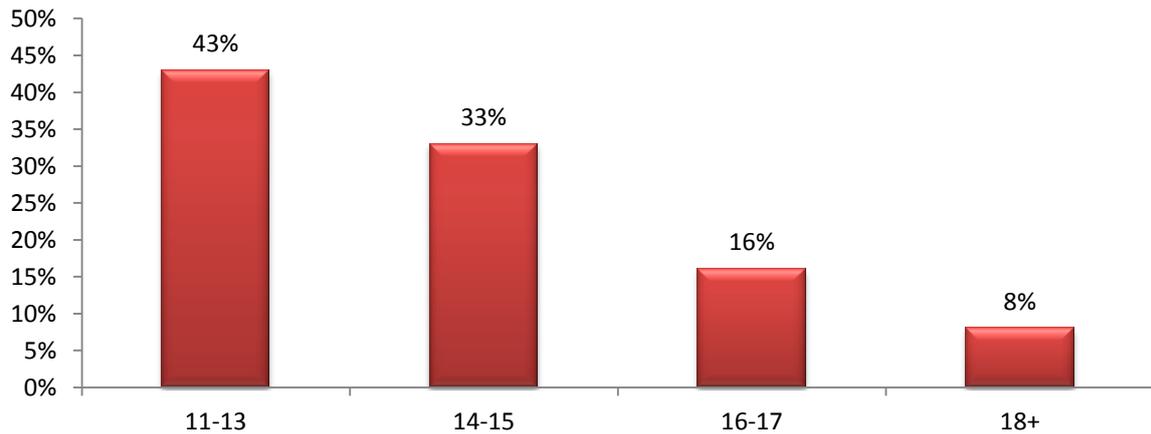


Youth Consultation/CRAFFT Results – South Sector

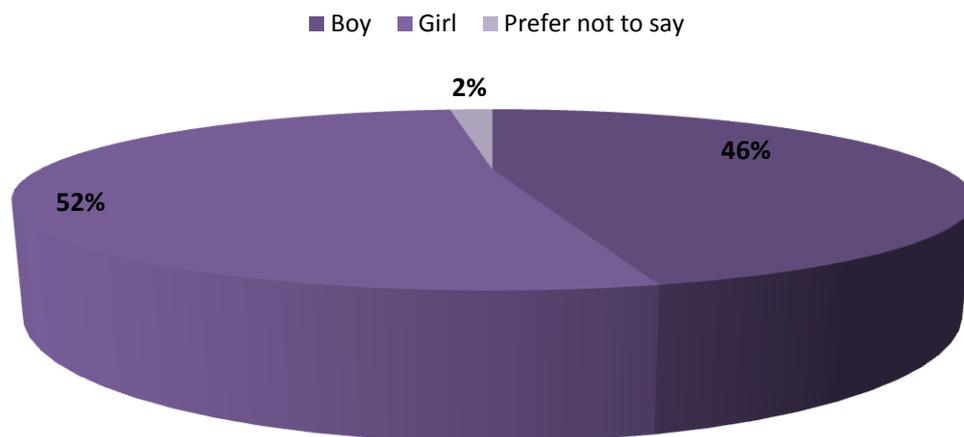
The youth consultation was completed by 153 young people across 8 areas in South Glasgow.

Figure 1: Age Group (n=150)



The majority of young people were aged 11 – 15 (76%). As shown in Figure 2, 46% of young people were boys and 52% were girls. The majority (82%) were at school.

Figure 2: Gender (n=153)



The young people were asked to indicate how they felt about alcohol.

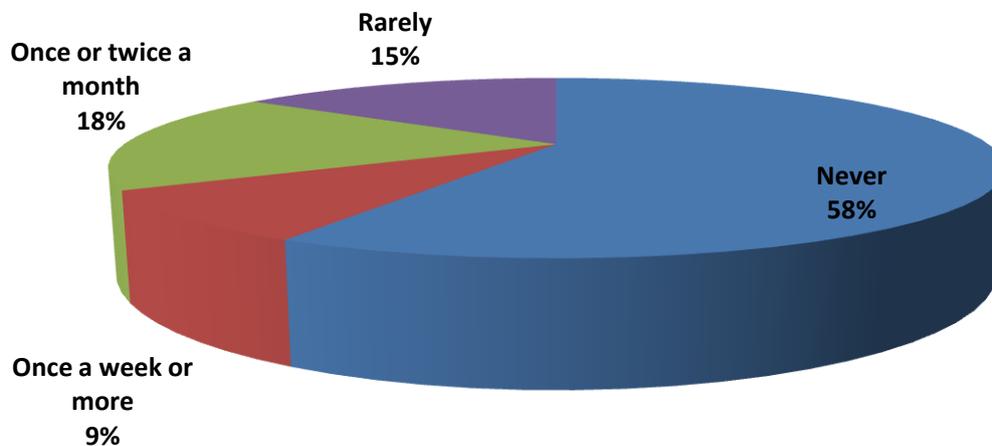
- 49% said it was not ok for young people under 18 to drink alcohol
- 76% said that shops should not sell alcohol to young people under 18
- 61% said that it is not ok for adults to get alcohol for young people under 18
- 66% said they will not be drinking alcohol in the next month
- 50% said that alcohol is harmful to young people under 18
- 39% said they are likely to reduce how much alcohol they drink in the future

Table 1: How you feel about alcohol

	Not at all	2	3	4	5	Absolutely
Is it ok for young people under 18 to drink alcohol?	49%	7%	19%	16%	7%	2%
Is it ok for shops to sell alcohol to young people under 18?	76%	5%	9%	3%	4%	3%
Is it ok for adults to get alcohol for young people under 18?	61%	5%	18%	9%	3%	4%
Will you be drinking alcohol in the next month?	66%	5%	4%	3%	5%	18%
Do you think alcohol is harmful to young people under 18?	10%	4%	13%	14%	10%	50%
Are you likely to reduce how much alcohol you drink in the future?	20%	14%	13%	7%	7%	39%

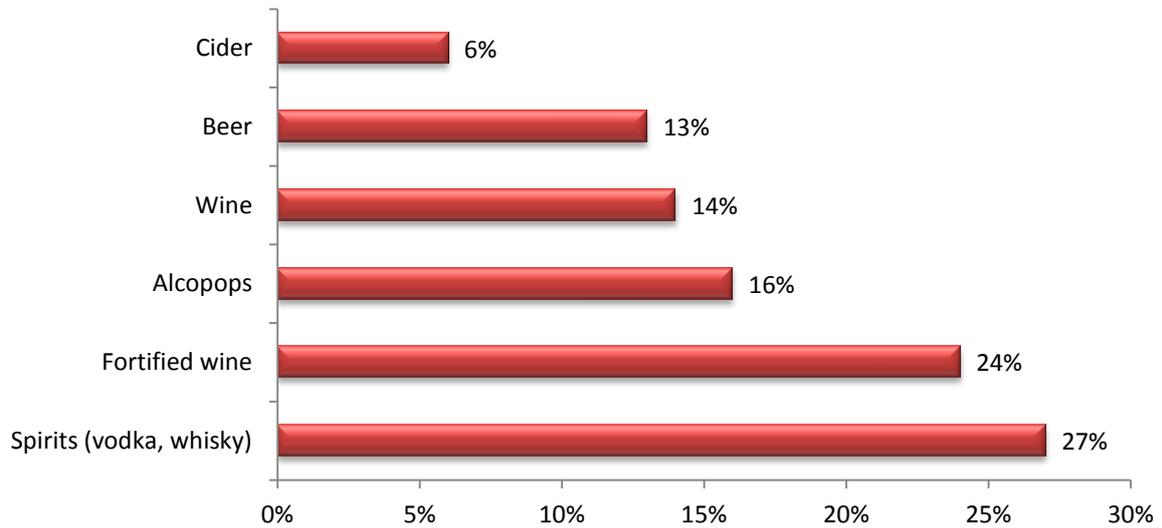
Just over half (58%) of young people said they never drink alcohol and 9% drink alcohol once a week or more.

Figure 3: How often do you drink alcohol (n=153)



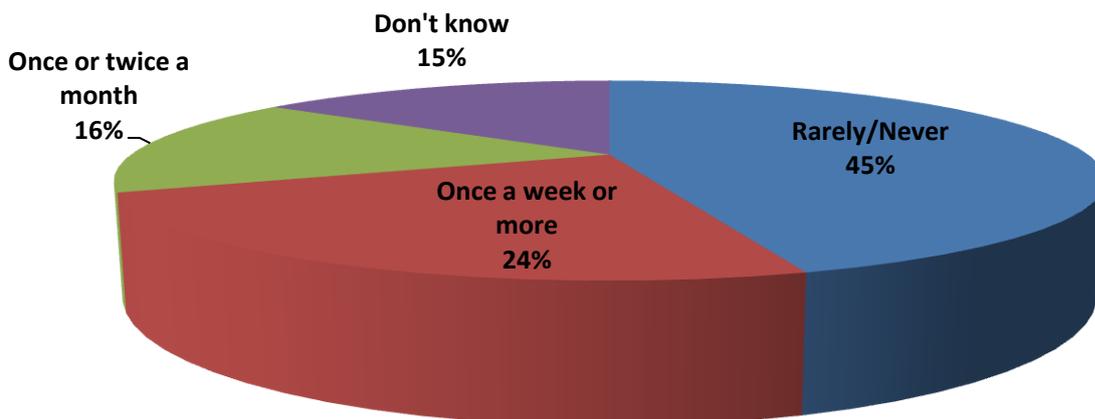
Those who ever drank alcohol were asked what types they drank most often. Responses are shown in Figure 4. The most common type of alcohol drink consumed was spirits (27%).

Figure 4: What you do drink MOST often (n=63)



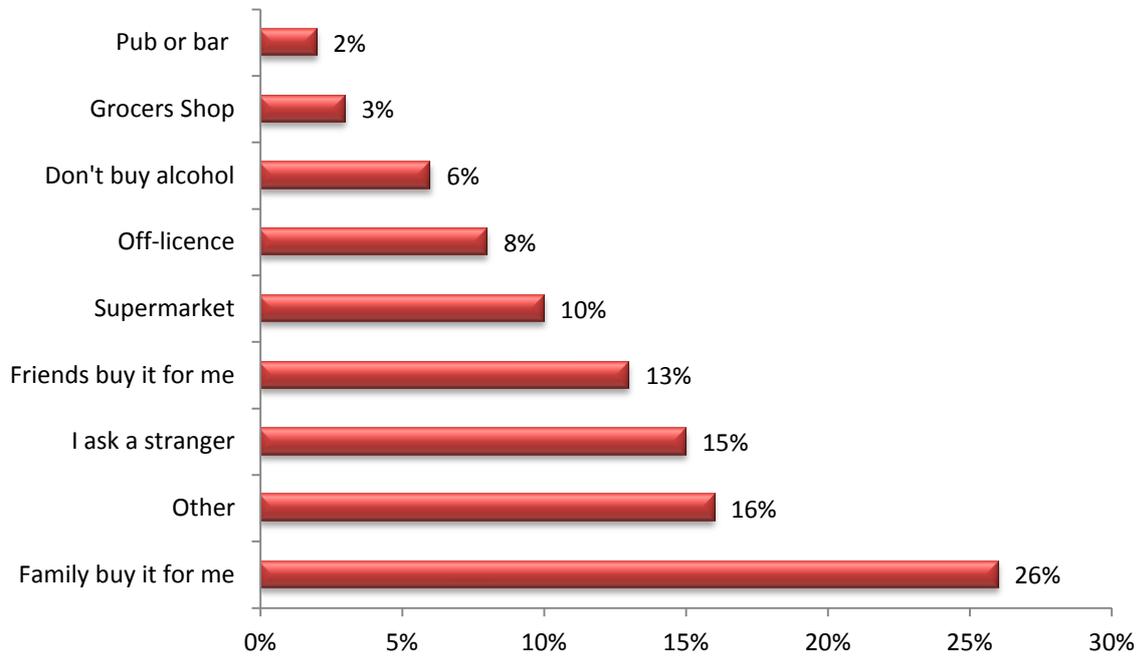
Just under half (45%) of those who ever drank alcohol said that they rarely or never got drunk, while 16% got drunk once or twice a month and just under a quarter (24%) got drunk once a week or more.

Figure 5: How often would you say your got drunk (n=62)



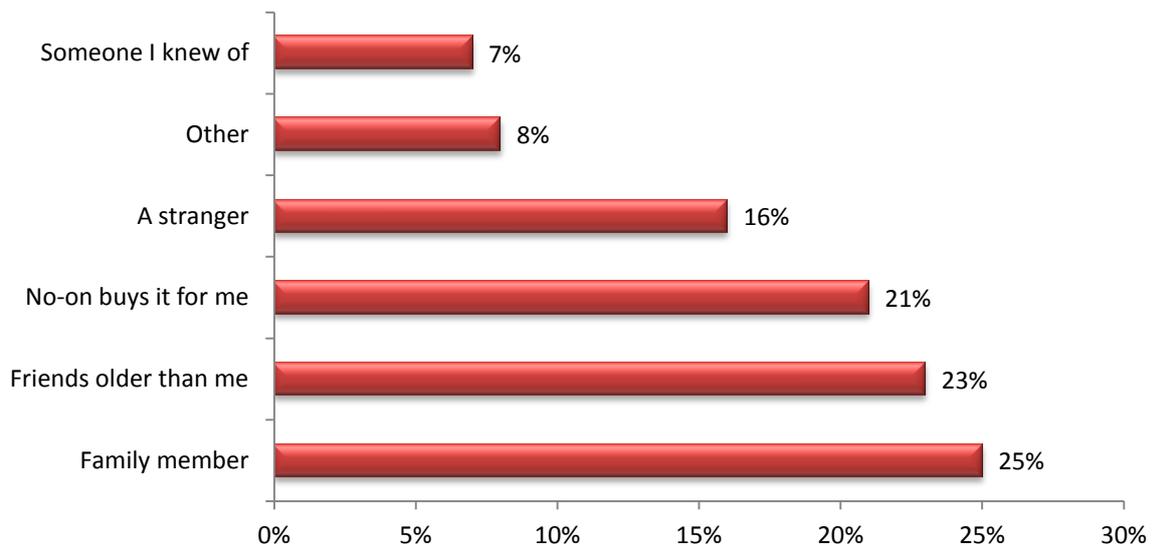
Young people who ever drank alcohol were asked where they mostly buy alcohol. The responses are shown in Figure 6. The most common means of buying alcohol was family buy it for them (26%).

Figure 6: Where do you MOSTLY buy alcohol from (n=61)



Young people who ever drank alcohol were asked who usually buys alcohol for them. The most common was family member (25%)

Figure 7: Who USUALLY buys alcohol for you (n=61)



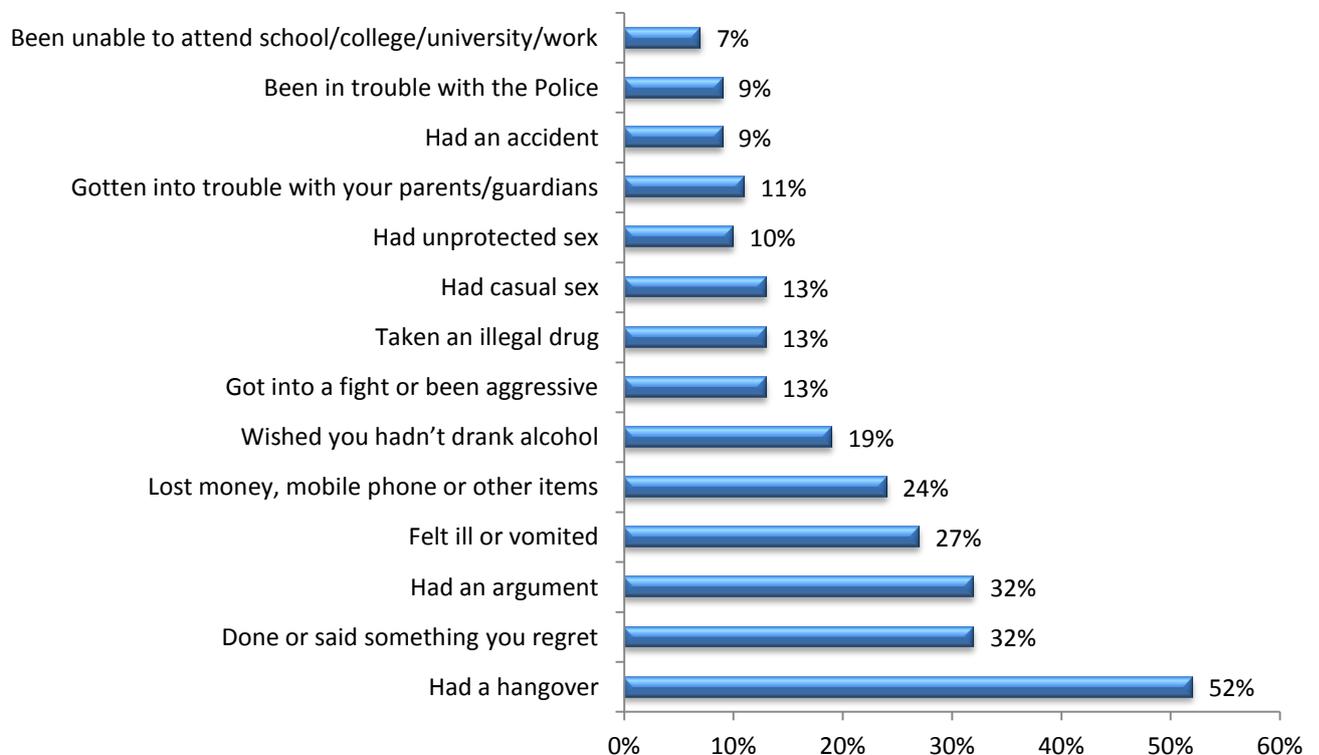
Young people were asked why they drink alcohol. The responses are shown in Table 2. The most common was its fun/a laugh/enjoyable (48%), my friends drink (47%) and it helps me relax/reduce stress (40%).

Table 2: Why do you drink alcohol?

It's fun / a laugh / enjoyable	48%	Look/feel older/ more grown up	27%
My friends drink alcohol	47%	Boredom / nothing to do	23%
It helps me relax/reduces stress	40%	It looks cool / makes me feel cool	23%
I like the taste	34%	I want to fit in	21%
It makes me feel better/forget my problems	31%	Nothing to look forward to	10%
Curiosity / want to try	29%	Rebellion	10%
I want to get drunk	29%	My family do it	8%

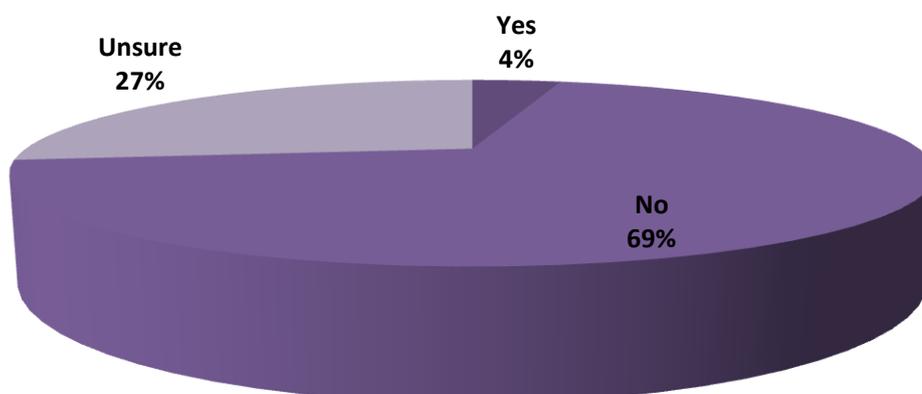
Young people were asked which, if any, antisocial or risk behaviours they had engaged in during the last year. Just over half (52%) of young people had a hangover in the last year, 32% done or said something they regretted and 32% had an argument. All responses are shown in Figure 8.

Figure 8: Young People Who Engaged in Specific Antisocial or Risk Behaviours (twice or more in the last year)



Young people were asked if they had heard of a Community Alcohol Campaign. Just under 7 in 10 (69%) had never heard of a Community Alcohol Campaign.

Figure 9: Have you heard of a Community Alcohol Campaign (n=79)



Some of the aspect that young people would like included in a Community Alcohol Campaign are:

- Safe drinking limits
- How to stay safe when drinking alcohol
- Activities for young people in the area

CRAFFT Screening Tool

The CRAFFT screening tool was completed by 108 young people across 6 areas in South Glasgow. Gender was evenly split (51% girls; 49% boys). Just under three quarters of young people were aged 14-17 (74%).

Just under 7 in 10 (69%) use alcohol or drugs to relax and 41% of young people have forgot things they did while using alcohol or drugs

Table 3: CRAFFT Questions

Have you ever been in a Car driven by someone (including yourself) who has been under the influence of alcohol or drugs?	21%
Do you ever use alcohol or drugs to Relax, feel better about yourself, or fit in?	69%
Do you ever use alcohol or drugs when you are Alone?	34%
Do you ever Forget things you did while using alcohol or drugs?	41%
Do your Family or Friends ever tell you that you should cut down on your drinking or drug use?	22%
Have you even been in Trouble while you were using alcohol or drugs	35%

Of those aged 14-18+, 75% had a score indicating a need for additional assessment.

Those aged 16 - 17 were more likely to have a score indicating a need for additional assessment (33% 14 - 15; 55% 16 – 17; 12% 18+).

Just under 3 in 10 (29%) had ever taken drugs. Referrals were made for 37% of young people. Of those referred, 89% where referred to GCA.