

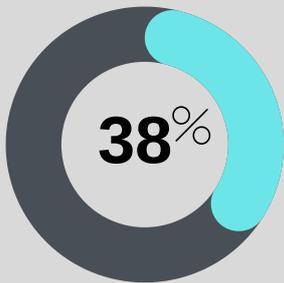
World Menopause Day

18th October 2022



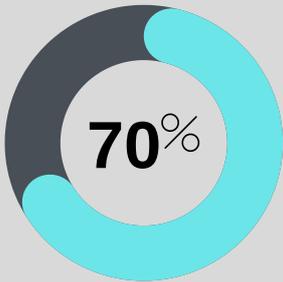
51 is the average age for a woman to reach the menopause in the UK

[Source](#)



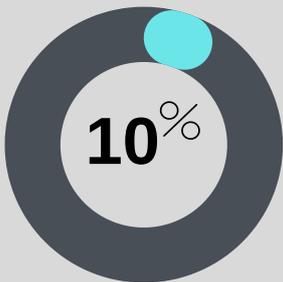
38% of partners say they feel helpless when it comes to supporting their partner through the menopause

[Source](#)



70% of women experience some sort of mental health impact during menopause

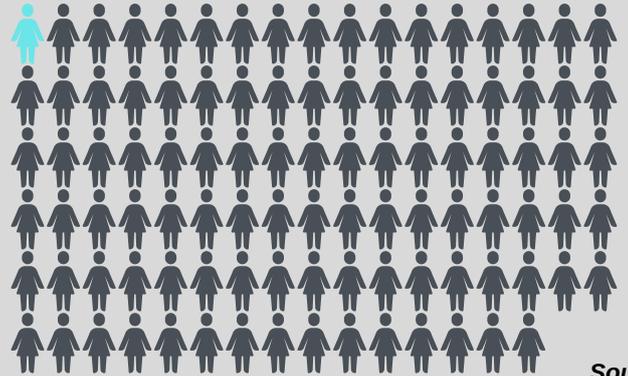
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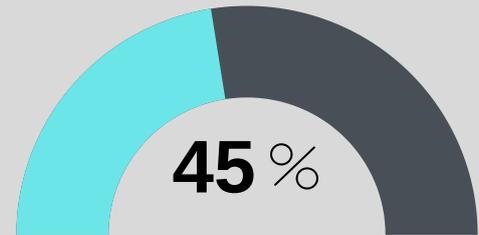
10% of women seriously consider giving up work due to their symptoms

[Source](#)

1 in 100 women reach the menopause before the age of 40



[Source](#)



45% of women feel their menopause symptoms have had a negative impact on their work

[Source](#)



15 years is how long menopausal symptoms can last for

[Source](#)

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