

Social Work

Social Work can offer you unbiased, sympathetic, practical and emotional support in a safe and confidential setting.

With your approval, we can contact other agencies who can offer you help and a safe place to stay.

Our area offices can be contacted Monday to Thursday, 8.45am to 4.45pm and Friday, 8.45am to 3.55pm at:

Clydebank Area Team	- (0141) 562 8800
Dumbarton Area Team	- (01389) 608118
Vale of Leven Area Team	- (01389) 608080
Emergency Out of Hours Service	- 0800 - 811505
Welfare Rights	- (01389) 737050

Tara Project

A support service to help identify and support women who may have been trafficked for the purpose of commercial sexual exploitation.

Services include:

- ❖ Risk assessment
- ❖ Assessment of needs
- ❖ Support to access crisis accommodation
- ❖ Telephone support for frontline staff

Referral's can be made direct to TARA by telephone, letter or email.

Office Hours - Mon - Fri 9.30am to 5.00pm. Out of Hours support only by prior arrangement.

Telephone: 0141 276 7724

Email: corporatevaw@drs.glasgow.gov.uk

Victim Support

Victim Support West Dunbartonshire offers a confidential caring support service to all victims of crime, including domestic abuse.

We also offer emotional and practical help, including assistance with criminal justice procedures, criminal injuries and compensation claims.

Appointments are available at home or at our office, contact (0141) 952 2095.

Women's Aid

Women's Aid is run by women, for women through a daily drop-in counselling service. We offer to women who are abused information and support about her legal rights, housing options and entitlement to benefits, and provide information on custody and access to children.

Temporary accommodation is available, space permitting, to women and children who are escaping abuse. We also offer initial counselling to women who have been sexually abused.

Women's Aid now have dedicated outreach workers who provide support to children and young people on a one to one or group work basis. This service can be provided in school or in suitable venue in the community, and is to help children and young people to cope with the damaging effects of living with domestic abuse.

Outreach workers can be contacted by phoning a local woman's aid group.

Tel: (0141) 952 8118	- Clydebank
Tel: (01389) 751036	- Dumbarton District
Tel: 0141 353 0859	- Hemat Gryffe
Tel: 0800 591203	- Jewish Women's Aid
Tel: 0208 522 0675	- Women with learning difficulties

West Dunbartonshire Violence Against Women Partnership (WDVAWP)

WDVAWP can provide leaflets in various languages, access to resources on domestic abuse and advice about the role of agencies in responding to domestic abuse. The Development Workers' Role is to implement the Partnership's Strategy, and support Working Groups on many different aspects of domestic abuse and violence against women

For information about the Partnership contact:

The Development Workers, WDVAWP, Room 5, Council Offices, Rosebery Place, Clydebank G81 1TG

Tel: 01389 738680

National Helplines

Tel: 0800 027 1234 – Scottish Domestic Abuse Helpline

Domestic Abuse - There's no excuse

Women Living with Domestic Abuse:

A Guide to support services in West Dunbartonshire for women who are affected by all forms of male violence against women



Don't put on a brave face

Who can help?

Benefits Agency

When you contact us you will not have to discuss your circumstances any more than is necessary to process your claim. You should not have to prove your domestic abuse.

We will:

- ❖ Treat you in a sympathetic, courteous and confidential manner, and
- ❖ Give you advice and information on benefits you may be entitled to.

All enquiries: 0845 600 1506

Cara Project

The CARA (Challenging and Responding to Abuse) Project provides a free and confidential service for:

- ❖ Women living with or have experienced domestic abuse or any other form of violence against women.
- ❖ Women survivors of childhood sexual abuse.

The CARA Project services include:

- ❖ Someone to talk to in confidence
- ❖ Counselling.
- ❖ Practical short-term support
- ❖ Information
- ❖ Help with safety planning
- ❖ Access to other services
- ❖ Suitable venues for appointments in Alexandria, Dumbarton and Clydebank.

For further information or to make an appointment, please telephone our confidential phone lines on:- 01389 738595 or 01389 738278

Reduce Abuse & Education

The Reduce Abuse Project provides classes about domestic abuse and violence against women in schools and youth projects. The aim of the classes is to prevent domestic abuse from happening in the future by challenging attitudes.

The project also provides training for teachers on the effects that domestic abuse has on children and young people, to enable them to offer support to pupils.

Teaching staff can make referrals to Women's Aid and can also offer support to pupils who are having difficulty in school. Women's Aid now has dedicated outreach workers who offer support to children and young people who are affected by domestic abuse.

If you feel your child is in need of support with domestic abuse issues. You can speak to the head teacher or a pastoral care teacher in their school, or contact Women's aid directly.

Reduce Abuse Project: 0141 952 4074

Health

The Accident and Emergency Department provides a 24 hour, 7 days a week service, inclusive of Christmas, New Year and all other public holidays. As well as attending to physical injury, we can also provide emotional support in a safe and confidential environment. The staff can also help by contacting any other relevant support agencies. Police contact is not automatic and like all other agencies, we would only contact them at your request.

Minor Injuries (Vale of Leven) - central switchboard	(01389) 754121
Accident and Emergency (RAH, Paisley)	(0141) 887 9111
Accident and Emergency (Glasgow, Western)	(0141) 211 2000

GP's, Health Visitor, Midwife or Practice Nurse can all provide information and support in a safe and confidential environment.

Housing

West Dunbartonshire Council's Homeless Service can help with emergency accommodation, permanent housing, and advice on the legal rights of spouses and cohabitants and referral to support agencies.

The Homeless Service can be contacted Monday to Friday, 8.30 am to 4.15pm at:

Clydebank Area Housing Office	-	(01389) 738756
Clydebank Homeless Section	-	(01389) 738625
Dumbarton Area Housing Office	-	(01389) 608999
Vale Area Housing Office	-	(01389) 608900
Emergency Out of Hours Number	-	0800 1971004

Police

Strathclyde Police are committed to providing a professional, caring and sensitive approach to incidents of domestic violence.

We offer information and advice and the services of our specially trained officers. Female officers are available if required.

(0141) 532 3300	-	Clydebank
(01389) 822000	-	Dumbarton
(01389) 823000	-	Alexandria
(0141) 532 3325	-	Local Domestic Abuse Unit
(0141) 532 3400	-	Family Protection Unit

**IN AN EMERGENCY
CALL 999**

Rape Crisis

The rape crisis centre offers a range of support services to women and girls who have been raped, sexually assaulted or sexually abused. Support is free and confidential. Women can get support by telephone through our helpline, face-to-face support, letter or email support. Support can also be offered to partners, family members, friends or workers who may be supporting a woman or girl who has experienced rape, sexual assault or sexual abuse. Local venues are available across West Dunbartonshire.

Telephone Support Line: 0141 552 3200

Email: support@rapecrisiscentre-glasgow.co.uk

SAY Women

SAY Women is a voluntary organisation which offers safe and secure accommodation for young women aged 16 – 25, who are survivors of childhood sexual abuse, rape or sexual assault and who are homeless or threatened with homelessness.

Contact us at:

3rd Floor, 30 Bell Street

Glasgow G1 1LG

Tel: 0141 552 5803

Fax: 0141 552 9751

Email: enquiries@say-women.co.uk