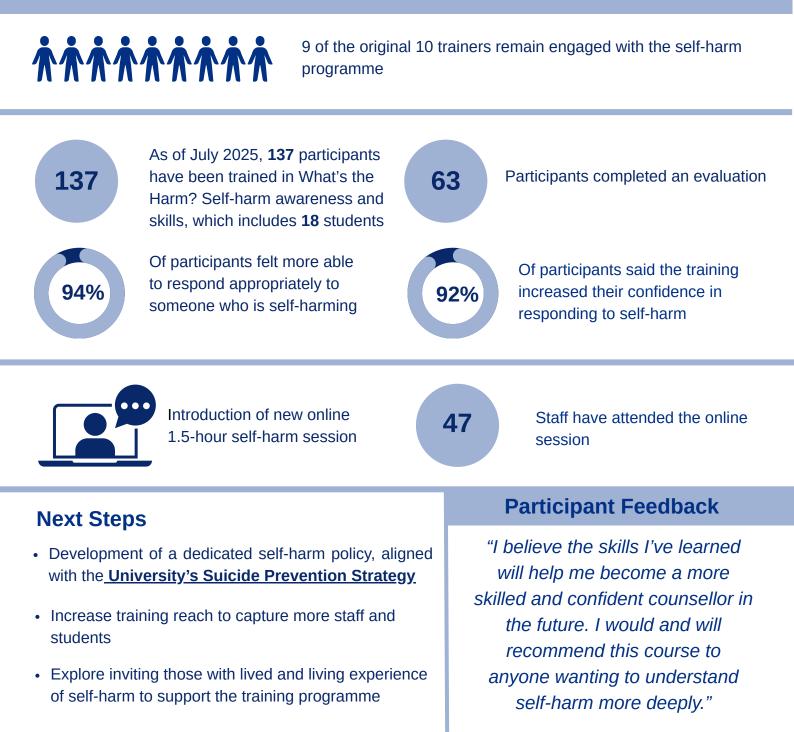
Building Self-harm Capacity across the University of Strathclyde: July 2025



In 2024, the NHS Greater Glasgow and Clyde Mental Health Improvement Team and the University of Strathclyde forged a partnership to implement a Training for Trainers approach to deliver What's The Harm; Self-harm Skills and Awareness Training. The programme of work aims to ensure that anyone affected by self-harm receives compassionate support and that those supporting those who self-harm feel better equipped to do so. It also focusses on improving the strategic approach to managing self-harm within the University and the process for evaluating and auditing this. This infographic is the second in a series being produced to follow the progress of the work and outcomes achieved. The first issue can be viewed <u>here</u> and the 2024 Training for Trainers summary report can be accessed <u>here</u>.

Progress and Achievements



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