SCOTTISH TRAUMA NETWORK WEST

NHS Greater Glasgow and Clyde

West of Scotland Major Trauma Centre (Ward 1C)

Queen Elizabeth University Hospital



"Saving Lives Giving Life Back"

Welcome to Ward 1C

Being in hospital can be confusing and scary. The staff are here to help both you and your loved ones through this time. This leaflet will give you information about the ward and what to expect during your stay.

If you have any questions, ask any staff member. We will do our best to listen and find the right person to answer your query.



The Ward

This ward is set up to make sure you get the best care and access to the right specialists when needed.

Some of the specialists include:

- Nurses and Doctors
- Advanced Nurse Practitioners
- Major Trauma Coordinators
- Physiotherapists
- Occupational Therapists
- Dietitians
- Speech and Language Therapists
- Clinical/Neuropsychologists
- Orthotists
- Rehabilitation Assistants
- Pharmacists

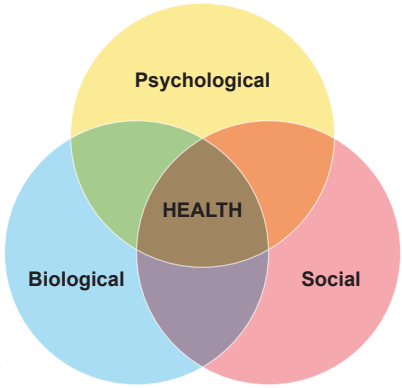
The Major Trauma Consultant is in charge of your overall care. If you need help from another specialist, other doctors from different areas may visit you.

Scan this with your phone camera, to see a video about the team



Your care

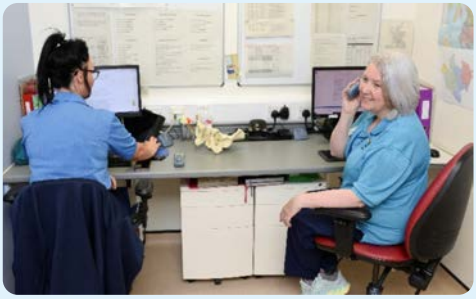
We focus on treating the whole person, including physical, emotional and mental health, as all of these are important for recovery.



The medical team will visit you every day to update you on:

- Your injuries
- Your progress so far
- What the plan is for the day

This might be a good time for you to ask questions or check anything you are unsure about.



The Major Trauma Coordinators make sure you get the right care at the right time. They will help you with your recovery until you are ready to leave the ward.

Your rehabilitation journey

Rehabilitation is the process of recovery following an injury or accident.

Good rehabilitation involves you, the health care team, and often your family and friends working together.

The team will give you treatment and exercises to help you.

We set goals to track your progress.

These goals will be:

- Personal to you
- Realistic
- Designed to guide your recovery



Your rehabilitation journey – next steps

Everyone is different, so their recovery needs are unique. Each person moves through rehabilitation at their own pace.

You might continue your recovery at:

- A trauma centre closer to home
- A local rehabilitation centre
- Home with community support in place





Feedback about your stay

When you leave the ward, we may ask you or your family to give feedback.

You can also feedback about your care on the ward at any point using this QR code.

Care Opinion
What's your story?

Or via this website:

www.careopinion.org.uk/go/3164/queh-major-trauma-team/kiosk

Patient Reported Outcome Measures (PROMS) help us to assess your care and make sure that we are always working to improve the quality of our services.

Hospital terms

- **MTC –** Major Trauma Centre - Centralised Hospital for Major Trauma
- **Trauma Unit –** Local hospital for Major Trauma
- **ANP –** Advanced Nurse Practitioner
- **AHP –** Allied health professional – non-medical or non-nursing staff
- **MDT –** Multidisciplinary team – all professions involved in your care
- **NRU –** Neuro Rehabilitation Unit - Centre for ongoing rehabilitation
- **WestMARC –** West of Scotland Mobility and Rehabilitation Centre – Wheelchair provision and Amputee Rehabilitation
- **ED –** Emergency Department
- **Critical Care –** ITU and HDU
- **ITU or ICU –** Intensive Care Unit
- **HDU –** High dependency Unit

For more hospital terms, scan here:

SCAN ME

Further information



Ward Number
☎ 0141 452 3900

Major Trauma Coordinators
☎ 0141 452 2149 / 2150

Patient Support and Information service
☎ 0141 452 2387

🌐 www.scottishtraumanetwork.com
About us

🌐 NHSinform.scot
Health information for those in Scotland

🌐 www.momentumscotland.org
A charity to help people return to work

🌐 www.aftertrauma.org
Information for trauma patients

🌐 www.headway.org.uk
Charity for brain injury sufferers

🌐 www.changingfaces.org.uk
Charity for people with visible disfigurement

🌐 www.brachialplexus.scot.nhs.uk
The Scottish Brachial plexus service

🌐 www.triumphoverinjury.com
Support for trauma patients and families

🌐 www.redcross.org.uk
Support and Equipment hire

Further information

Findingyourfeet.net
Amputee support Charity

Turn2Us.org.uk
Advice and support on finances

CarersUK.org
Advice and support for carers

Brake.org.uk
Advice and support following a road traffic accident

Glasgowhelps.org
A directory about the variousservices and organisations within the Glasgow area

Charitychoice.co.uk
Directory containing the various support charities across the UK

Notes