

West Dunbartonshire CHCP Community Rehabilitation Services

West Dunbartonshire CHCP (WDCHCP) Community Rehabilitation Services consists of a number of multidisciplinary community services brought together to simplify referral pathways and improve access to services. This includes the Community Older Peoples Team (COPT), Physical Disability Team, Hospital Discharge Team and Domiciliary Physiotherapy at Clydebank area. It includes the Community Assessment and Rehabilitation Team (CART) and Domiciliary Physiotherapy at Dumbarton and the Vale. Referrals to Your Enablement Service remain unchanged however it is envisaged stronger links and referrals pathways will be developed in the near future.

Team Composition

The teams are currently undergoing restructuring whereby they will work in three integrated health and social work teams across WDCHCP:

- Hospital Discharge
- Adult Care
- Older People

Until the restructuring takes place these teams consist of health personnel only. Disciplines include Nursing, Physiotherapy, Occupational Therapy, Dietetics, Podiatry, Speech and Language Therapy and these vary across locations.

Target Population

People aged 16 years and over living in West Dunbartonshire

Referral Criteria

The individual

- Lives in West Dunbartonshire catchment area
- Is aware of referral and has given consent to referral
- Has complex health / care needs arising from severe physical disability
- Requires services to be delivered in a domiciliary / community location
- Requires interventions best delivered using a team approach
- Requires domiciliary physiotherapy
- Requires timely intervention for support and rehabilitation
- Requires crisis intervention to avoid unnecessary admission / readmission to hospital / care