

Dietetic Website

Click on **titles** where you see the hand icon and it takes you to the relevant page 

Main Webpage



- Outlines the service and how to refer
- Interactive website infographic
- Evaluation
- Sections containing videos, diet sheets and lots of useful links

BDA Food Facts



- Babies and pregnancy
- Adolescents
- Adults
- Older adults
- Medical conditions
- Nutrients

Care Homes



- ‘MUST’ screening webinars
- Project Milkshake recipes
- IDDSI video training and information
- MUST Step 5
- Care home referrals to Dietetics

Healthy Eating



- Why healthy eating matters
 - Eatwell Guide
 - Key principles of healthy eating
- More to come in due course

Children



- Starting Solids project
- Fun First Foods (various languages and formats)
- Fussy eating, autism and constipation
- HENRY programme
- Cow’s Milk Protein Allergy - CMPA (professionals and parents)

Diabetes



- Control It Plus
- Chronic Kidney Disease (CKD)
- Carbohydrate counting during your hospital stay
- Gestational Diabetes
- Prediabetes
- Type 2 Diabetes Remission Programme

Dysphagia



- International Dysphagia Diet Standardisation Initiative (IDDSI)
- Speech & Language Therapy (SLT) in NHS GGC
- IDDSI videos - various topics
- IDDSI snacks poster
- IDDSI and dysphagia poster

Clinical Conditions & Therapeutic Diets



- Cancer care
- Diabetes
- Heart health video
- Kidney disease videos
- Irritable Bowel Syndrome (IBS)
- Liver disease
- Respiratory

Malnutrition



- Am I at risk? - MUST toolkit
- BAPEN information
- Food Fortification
- Eating to Feel Better, incl. easy read
- Nourishing drinks/snacks
- Plant based diets and more

Multicultural



- Multicultural dietitian
- Asian, African and Eastern European diets - general info
- Eating to Feel Better (easy read) - translated
- Selective and restricted eating resources - translated
- and many more

Pregnancy



- Healthy eating and pregnancy - selection of videos
- Gestational diabetes videos - translated versions also available

Professional Development



- Practice Based Learning ‘Starting out in your first job’ section
- Filling out application forms
- Pre, during and post interview tips

Service Summary



- Overview of NHS GGC Dietetics
- Dietetic Service Organisational Chart
- Details of Community, Acute and Paediatric dietetic departments, including phone numbers

Useful Links section

- A to Z of useful links including:
- Free and low cost food
 - British Dietetic Association
 - Allergy
 - Weight management
 - Vitamin D and much more