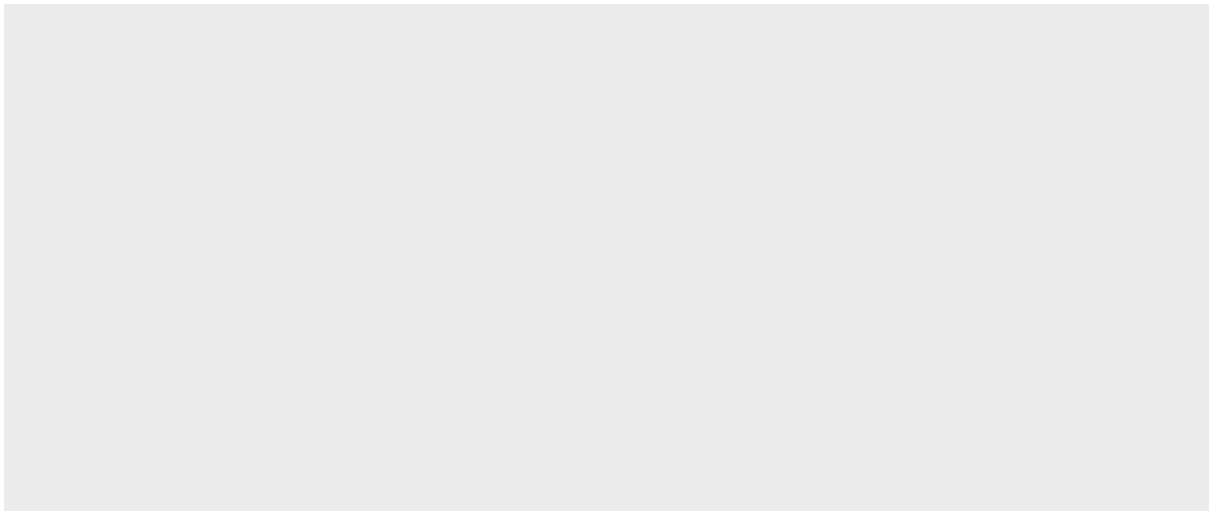
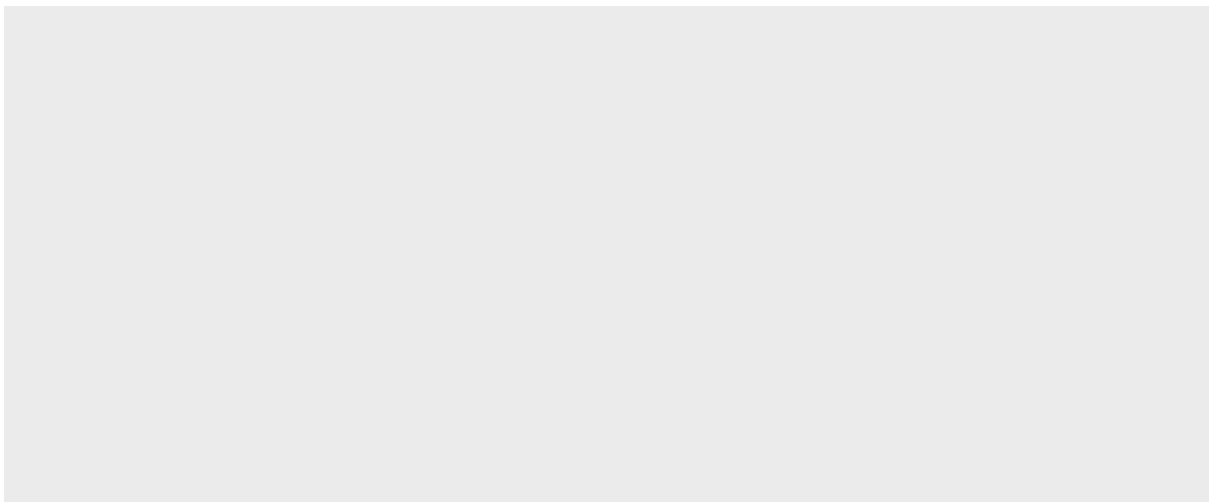


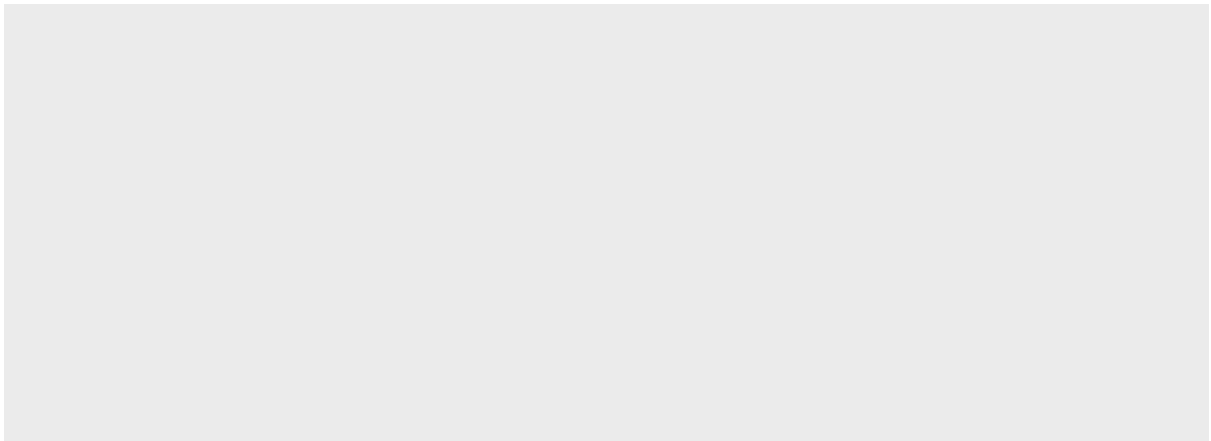
VERSUS ARTHRITIS

**New webinar: Encouraging Physical Activity
in the Management of Musculoskeletal
Conditions**

7th June, 7pm-8pm









This free webinar will equip you with knowledge and confidence to effectively manage conversations with your patients about physical activity. You will learn about the recommended levels of physical activity and how physical activity can help people with arthritis and related musculoskeletal conditions to manage their symptoms.

Key learning outcomes:

- To understand the physical activity guidelines and how to apply them to

your patients.

- To explain the benefits of physical activity for arthritis and MSK conditions.
- To understand how physical activity can help you manage your patients.
- To gain practical skills, tips and useful resources for effective consultations and conversations.

Course details

Date: Wednesday 7th June 2023

Time: 7pm-8pm

Delivered via Microsoft Teams Live.

The webinar will be delivered by Dr Nadia Vawda and a member of the Versus Arthritis Physical Activity team. Once you have registered your interest, you will be sent a confirmation email with the Microsoft Teams Live event weblink for the event. The recording will be available to watch for 180 days after the live webinar.

[Book your place here>>](#)

This webinar is part of the Versus Arthritis Let's Move programme funded by Sport England.

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Versus Arthritis was formed in 2018 following a merger of [Arthritis Care](#) and [Arthritis Research UK](#)



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