Glasgow Health Board, RHCG, Haematology, **WC12 3 + 3**, STR, Resident. No monitoring.

**Band 2B** (Based on template only)

Steps through the banding flowchart:

 - New Deal Compliant

 - Average work above 48 hours a week

 - Work pattern is a full shift, partial shift or hybrid

 - Less than 1/3 of duty hours outside 7am to 7pm Mon-Fri (.191) and less than 1 weekend in 3 (1 in 3.71)

Note: The band of a rota may change if monitored hours of work are different to those suggested by the theoretical work pattern. It is particularly important to remember this if a theoretical work pattern is close to the limits of a particular payband. Differences between calculated prospective cover and actual work done by doctors to cover absent colleagues can also cause a variance between theoretical and monitored bands.

Riddell Formula Calculations

Prospective cover for: Duties outside normal hours.

Leave: STR - 71 days/annum for 3 doctors = 213 days/annum

Leave: SG - 36 days/annum for 3 doctors = 108 days/annum

Total leave to be covered for the group = 321 days/annum

Between 6 doctors this is 53.5 days/annum each (10.7 wks/annum each)

The normal working week = 40:00 per week.

Number of hours in a leave week = 40 (the hours in the normal working week)

For every leave day in the pattern, 08:00 hours has been added to the duty and work hours

(This figure is a fifth of the hours in a leave week)

Riddell hours = (Wkly hrs\*52 - Hol Wks\*Hrs in leave wk)/(52-Hol wks)

Riddell duty hours = ( 2796.92\*52 - 10.7 \* 2400)/(52 - 10.7) = 2899.76 = 48:20

Riddell work hours = ( 2796.92\*52 - 10.7 \* 2400)/(52 - 10.7) = 2899.76 = 48:20

New Deal Analysis

|  |  |  |  |
| --- | --- | --- | --- |
| Item | Actual | Target | Comments |
| Average weekly hours of duty | 48:20 | 56:00 |  |
| Average weekly hours of work | 48:20 | 56:00 |  |
| Longest duty period | 13:00 | 14:00 |  |
| Shortest off duty | 11:00 | 08:00 |  |
| Longest 'off duty' period | 88:00 | 62:00 |  |
| Next longest 'off duty' period | 83:00 | 48:00 |  |
| Maximum consecutive duty days |  7 | 13 |  |
| 62+48 hr. breaks every 28 days | OK |  |  |

European Working Time Directive Analysis

|  |  |  |  |
| --- | --- | --- | --- |
| Item | Actual | Target | Comments |
| Average weekly hours of work | 45:07 | 48:00 | Calculated with AL removed as per CEL 14 (2009) |
| Starting each Monday, a 35 hour continuous rest in 7 days or a 59 hour continuous rest in 14 days | OK |  |  |
| 11 hrs continuous rest in any 24 hour period | OK |  |  |

Template work pattern

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Wk | Mon | Tue | Wed | Thu | Fri | Sat | Sun |
| 1 | C: WeekDay09:00 22:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | C: WeekDay09:00 22:00 | D: WeekEnd09:00 21:30 | D: WeekEnd09:00 21:30 |
| 2 | Zero Hours | Zero Hours | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 |  |  |
| 3 | Stnd Day09:00 17:00 | C: WeekDay09:00 22:00 | C: WeekDay09:00 22:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 |  |  |
| 4 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | C: WeekDay09:00 22:00 | Zero Hours |  |  |
| 5 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 |  |  |
| 6 | C: WeekDay09:00 22:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | C: WeekDay09:00 22:00 | D: WeekEnd09:00 21:30 | D: WeekEnd09:00 21:30 |
| 7 | Zero Hours | Zero Hours | C: WeekDay09:00 22:00 | C: WeekDay09:00 22:00 | Stnd Day09:00 17:00 |  |  |
| 8 | Stnd Day09:00 17:00 | C: WeekDay09:00 22:00 | Zero Hours | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 |  |  |
| 9 | Zero Hours | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | C: WeekDay09:00 22:00 | Stnd Day09:00 17:00 |  |  |
| 10 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 |  |  |
| 11 | C: WeekDay09:00 22:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | C: WeekDay09:00 22:00 | D: WeekEnd09:00 21:30 | D: WeekEnd09:00 21:30 |
| 12 | Zero Hours | Zero Hours | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 |  |  |
| 13 | Stnd Day09:00 17:00 | C: WeekDay09:00 22:00 | C: WeekDay09:00 22:00 | Zero Hours | Stnd Day09:00 17:00 |  |  |
| 14 | C: WeekDay09:00 22:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | C: WeekDay09:00 22:00 | Stnd Day09:00 17:00 |  |  |
| 15 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 |  |  |
| 16 | C: WeekDay09:00 22:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | C: WeekDay09:00 22:00 | D: WeekEnd09:00 21:30 | D: WeekEnd09:00 21:30 |
| 17 | Zero Hours | Zero Hours | C: WeekDay09:00 22:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 |  |  |
| 18 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | C: WeekDay09:00 22:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 |  |  |
| 19 | Stnd Day09:00 17:00 | C: WeekDay09:00 22:00 | Stnd Day09:00 17:00 | C: WeekDay09:00 22:00 | Zero Hours |  |  |
| 20 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 |  |  |
| 21 | C: WeekDay09:00 22:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | C: WeekDay09:00 22:00 | D: WeekEnd09:00 21:30 | D: WeekEnd09:00 21:30 |
| 22 | Zero Hours | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 |  |  |
| 23 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | C: WeekDay09:00 22:00 | C: WeekDay09:00 22:00 | Zero Hours |  |  |
| 24 | Stnd Day09:00 17:00 | C: WeekDay09:00 22:00 | Stnd Day09:00 17:00 | C: WeekDay09:00 22:00 | Stnd Day09:00 17:00 | D: WeekEnd09:00 21:30 | D: WeekEnd09:00 21:30 |
| 25 | Zero Hours | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | C: WeekDay09:00 22:00 |  |  |
| 26 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 |  |  |

Template normal working days

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Normal Week | Start | End | Rest | Hours | Num of Diary Cards | Ave Start | Ave End | Ave Rest | Ave Hours |
| Mon | 09:00 | 17:00 | 00:00 | 08:00 | 0 | 00:00 | 00:00 | 00:00 | 00:00 |
| Tue | 09:00 | 17:00 | 00:00 | 08:00 | 0 | 00:00 | 00:00 | 00:00 | 00:00 |
| Wed | 09:00 | 17:00 | 00:00 | 08:00 | 0 | 00:00 | 00:00 | 00:00 | 00:00 |
| Thu | 09:00 | 17:00 | 00:00 | 08:00 | 0 | 00:00 | 00:00 | 00:00 | 00:00 |
| Fri | 09:00 | 17:00 | 00:00 | 08:00 | 0 | 00:00 | 00:00 | 00:00 | 00:00 |

Template on call duties

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Name | Intensity | Resident | Start | End | Rest | Hours | Num of Diary Cards | Ave Start | Ave End | Ave Rest | Ave Hours |
| C: WeekDay | Full Shift | Yes | 09:00 | 22:00 | 00:00 | 13:00 | 0 |  |  |  |  |
| D: WeekEnd | Full Shift | Yes | 09:00 | 21:30 | 00:00 | 12:30 | 0 |  |  |  |  |

Narrative

|  |  |  |
| --- | --- | --- |
|  |  | Comments |
| The Rota:5pm until 10pm weekday9am until 930pm weekend dayDay off after weekend on callNo “overnight” on call – ie Hospital at night covers 930pm until 9am3 whole time equivalent trainee3 staff grades who do fixed EACH 13 week days and 3 weekends in 6 months (so together covering 39 week days and 9 weekends in 6 month period) |

**New Deal / WTR Footnote**

This Full Shift rota has been checked and complies with the limits of the New Deal Contract for Training Grade Doctors.

On-going compliance relies on start and finish times being adhered to, natural breaks being achieved as per HDL 2003\_10 and all other New Deal limits being met.

This rota also complies with the limits of the Working Time Regulations, including the 48 hour working week, as well as Scottish Government limits.

Riddell is included for all leave.

Daniel MacDonald

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**5th September 2023.**