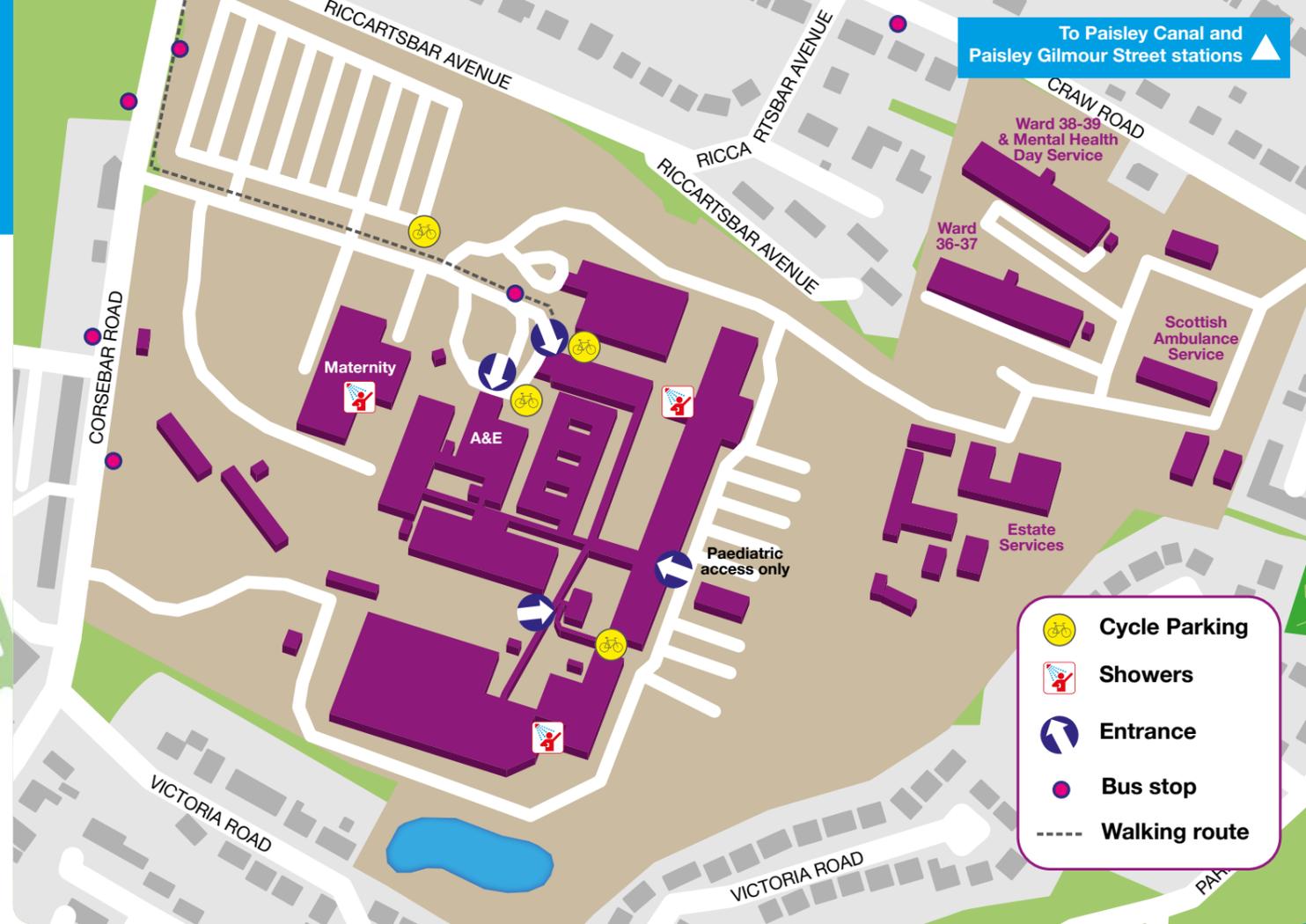


Royal Alexandra Hospital

Walking and cycling guide 2021



To Paisley Canal and Paisley Gilmour Street stations ▲

- Cycle Parking
- Showers
- Entrance
- Bus stop
- Walking route

Royal Alexandra Hospital

The Royal Alexandra Hospital is situated in Paisley and serves a population of around 200,000 from a mix of urban and rural areas.

The hospital provides a range of services including inpatient beds, general medical and surgical services, trauma and emergency surgery centre, HDU, medicine for the elderly, maternity hospital including a Community Maternity Unit, Panda Children's Centre and Accident & Emergency.

Active Travel

NHS Greater Glasgow & Clyde recognise that physical activity is essential for good health and encourage staff and visitors to consider walking and cycling as a great way to travel to Hospital sites. This map indicates the shared access routes to hospitals and healthcare facilities. Designated visitor cycle parking is located on most sites.

Commuter cycle training is available for NHS Greater Glasgow & Clyde staff. There are a range of training courses available from basic beginners training to advanced on-road manoeuvre training for proficient cyclists. Please note courses are arranged subject to demand.

For further information:
Email: travelpo@ggc.scot.nhs.uk

Royal Alexandra Hospital is well served by public transport covering bus travel within the immediate area and Paisley town centre for onward connectivity. Bus services provide direct access to the main entrance and allow for interchange at Paisley Canal and Paisley Street rail stations.

Paisley Canal rail station is located approximately 1 mile from the main entrance with Paisley Gilmour Street, approximately 1.5 miles distance.

To plan your journey by public transport, please use www.travelinescotland.com journey planner or visit www.scotrail.co.uk

Information on planning the optimal cycle route that suits you, is available at www.cyclestreets.net

Walking journey planning is available at www.walkit.com

Royal Alexandra Hospital has been awarded Cycle Friendly Employer status by Cycling Scotland.

Cycling to Work

The Cycle to Work scheme is a salary sacrifice scheme available to NHS Greater Glasgow & Clyde staff*.

With the Cycle to Work scheme, you can get your bike tax-free, which for most people means they save between 25% and 32% of the cost. Loans are available up to a maximum of £4,000 to use at a wide range of retailers, including E bikes or if you just want to purchase some new accessories. As well as saving you money, it is good for your health and the environment.

Secure cycle parking is available at A & E entrance, the main car park and at the Paediatric entrance, near Estates buildings. Bike racks are available at the main entrance. Showers are available within staff changing areas within the Main Building, Theatres and Maternity.

*Terms and Conditions apply.

NHSGGC have a Bicycle User group for staff. Please contact TravelPo@ggc.scot.nhs.uk if you wish to be added to the BUG distribution list and be kept informed of initiatives and relevant cycling information for NHSGGC staff.

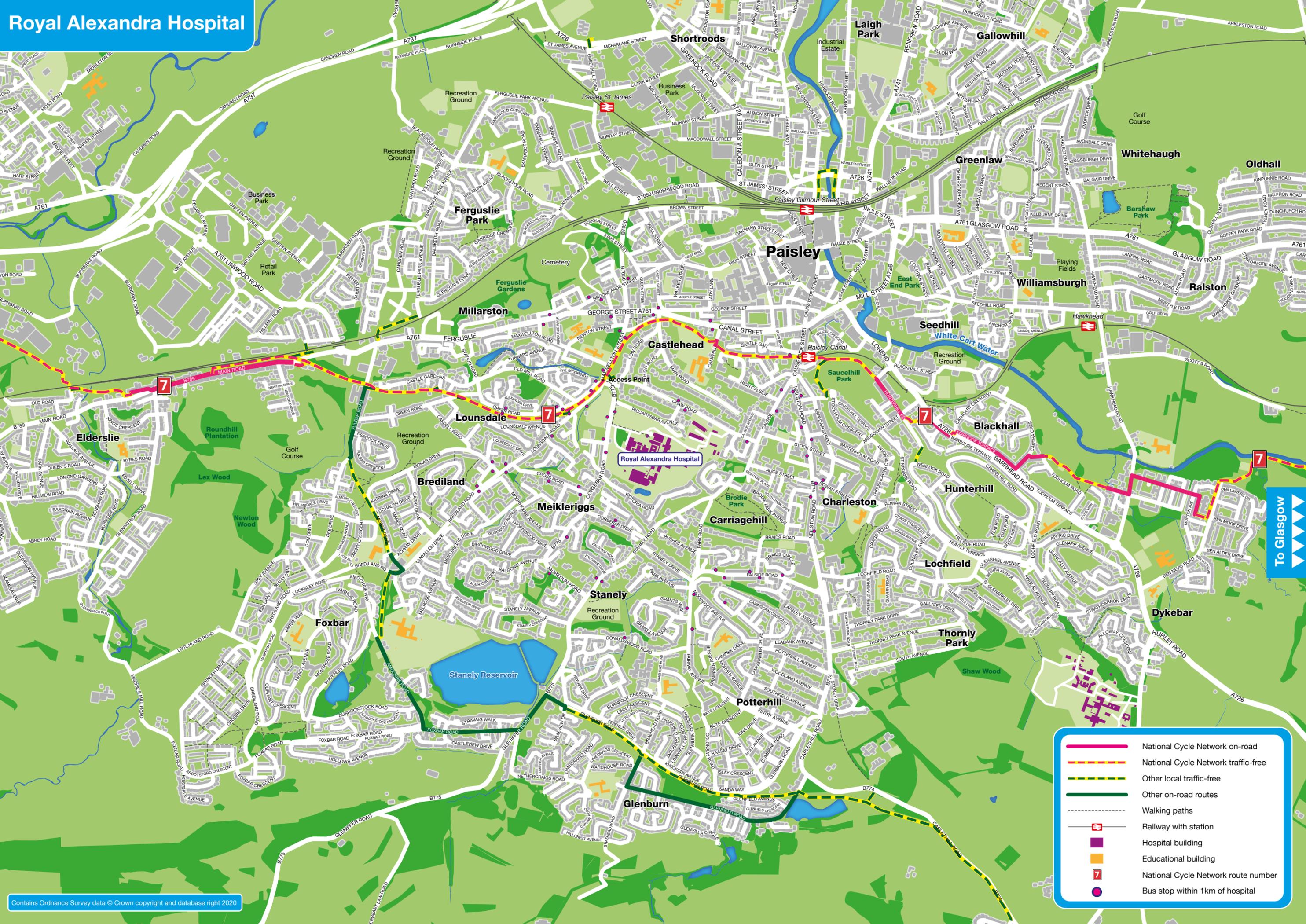
Information on planning the optimal cycle route that suits you, is available at www.cyclestreets.net

For more information on active and sustainable travel, please contact the Travel Plan Office or visit Transport pages on Staffnet.

NHS Greater Glasgow & Clyde are not responsible for loss or damage to property. Staff should be vigilant and use the secure cycle shelters, where possible. 'Sold Secure' D locks are recommended. Bikes can be security marked and registered at www.immobilise.com or www.bikeregister.com



Royal Alexandra Hospital



	National Cycle Network on-road
	National Cycle Network traffic-free
	Other local traffic-free
	Other on-road routes
	Walking paths
	Railway with station
	Hospital building
	Educational building
	National Cycle Network route number
	Bus stop within 1km of hospital

To Glasgow