Queen Elizabeth University Hospital

Walking and cycling guide 2021





Queen Elizabeth University Hospital

The 14 floor Queen Elizabeth University Hospital, Glasgow (adult) building is one of the largest acute hospitals in the UK and home to major specialist services including renal medicine, transplantation, neurology, spinal and vascular surgery, with state-of-the-art Critical **Care, Theatre and Diagnostic Services. There** is also Teaching & Learning Centre for Glasgow University.

The adult hospital is integrated with the children's hospital with separate functions and entrances. Entry to both is via Arrivals Square.

There is a physical link for patients and staff from the hospitals into the Maternity and **Neurosciences Institute buildings. The hospitals** are also linked to the laboratory buildings via an underground tunnel and pneumatic tube.

The atrium of the hospital houses retail shops and a coffee shop. There is a large restaurant/ coffee area on the first floor of the hospital with a balcony and views out onto the landscaped area in front of the hospital.

Active Travel

Queen Elizabeth University Hospital (QEUH) is well served by bus services from Glasgow north, west, east and south, the city centre and Renfrewshire. Bus services serve Arrivals Square, which is located at the main hospital entrance.

Connectivity to bus services is also available from Govan subway, approximately 1.3 miles away and Cardonald rail station, located approximately 1.2 miles from the main hospital entrance.

To plan your journey by public transport, please use www.travelinescotland.com journey planner or visit www.scotrail.co.uk

Information on planning the optimal cycle route that suits you, is available at www.cyclestreets.net

Walking journey planning is available at www.walkit.com

QEUH and RHC have been awarded Cycle Friendly Employer status by Cycling Scotland.

The Cycle to Work scheme is a salary sacrifice scheme available to NHS Greater Glasgow & Clyde staff*. With the Cycle to Work scheme, you can get your bike taxfree, which for most people means they save between 25% and 32% of the cost. Loans are available up to a maximum of £4,000 to use at a wide range of retailers, including E bikes or if you just want to purchase some

good for your health and the environment.

Cycling to Work

There are numerous secure cycle shelters and bike racks located across the campus. The code to access secure shelters is available for staff from Facilities Helpdesk. There are also various shower and changing facilities across the campus for staff. A bike repair station is located adjacent to Arrivals Square, near the yellow cycle shelter.

new accessories. As well as saving you money, it is

There is a NextBike station at the main hospital entrance.

*Terms and Conditions apply

NHSGGC have a Bicycle User group for staff. Please contact TravelPo@ggc.scot.nhs.uk if you wish to be added to the BUG distribution list and be kept informed of initiatives and relevant cycling information for NHSGGC

Information on planning the optimal cycle route that suits you, is available at www.cyclestreets.net

For more information on active and sustainable travel, please contact the Travel Plan Office or visit Transport pages on Staffnet.

NHS Greater Glasgow & Clyde are not responsible for loss or damage to property. Staff should be vigilant and use the secure cycle shelters, where possible. 'Sold Secure' D locks are recommended. Bikes can be security marked and registered at www.immobilise.com or www.bikeregister.com

NHS Greater Glasgow & Clyde recognise that physical activity is essential for good health and encourage staff and visitors to consider walking and cycling as a great way to travel to hospital sites. This map indicates the shared access routes to hospitals and healthcare facilities. Designated visitor cycle parking is

Commuter cycle training is available for NHS Greater Glasgow & Clyde staff. There are a range of training courses available from basic beginners training to advanced on-road manoeuvre training for proficient cyclists. Please note courses are arranged subject to demand.

For further information: Email: travelpo@ggc.scot.nhs.uk



located on most sites.





