

NHS Greater Glasgow & Clyde recognise that physical activity is essential for good health and encourage staff and visitors to consider walking and cycling as a great way to travel to hospital sites. This map indicates the shared access routes to hospitals and healthcare facilities. Designated visitor cycle parking is located on most sites.

Commuter cycle training is available for NHS Greater Glasgow & Clyde staff. There are a range of training courses available from basic beginners training to advanced on-road manoeuvre training for proficient cyclists. Please note courses are arranged subject to demand.

For further information: Email: **travelpo@ggc.scot.nhs.uk**

Smarter Choices, Smarter Places



Active Travel

The New Victoria Hospital is well served by public transport covering bus and rail travel within the immediate area and linking to major arterial routes accessing Shawlands, Clarkston, Cathcart and Glasgow City Centre. Bus services provide direct access to the site and allow for interchange with Queens Park and Mount Florida rail stations, which are approximately 0.5 mile walk from the Hospital.

To plan your journey by public transport, please use **www.travelinescotland.com** journey planner or visit **www.scotrail.co.uk**

Information on planning the optimal cycle route that suits you, is available at **www.cyclestreets.net**

Walking journey planning is available at www.walkit.com

New Victoria Hospital has been awarded Cycle Friendly Employer status by Cycling Scotland.

Cycling to Work

The Cycle to Work scheme is a salary sacrifice scheme available to NHS Greater Glasgow & Clyde staff*. With the Cycle to Work scheme, you can get your bike tax-free, which for most people means they save between 25% and 32% of the cost. Loans are available up to a maximum of £4,000 to use at a wide range of retailers, including E bikes or if you just want to purchase some new accessories. As well as saving you money, it is good for your health and the environment.

Changing areas with shower and locker facilities are located within the secure staff changing area on the second floor of the hospital. Secure cycle parking is located outside the main hospital entrance. There is also cycle racks at the main entrance, at minor injuries and within the underground car park.

There is a NextBike bike hire facility located on Prospecthill Road.

*Terms and Conditions apply



New Victoria Hospital

The New Victoria Ambulatory Care Hospital (ACH) provides outpatient clinics, day surgery and diagnostic services. The hospital also has a number of specialist services such as cardiology, renal dialysis and gynaecology.

There is also a Minor Injuries Unit with its own dedicated entrance for rapid access to a highly skilled clinical team. The unit is open seven days a week 9am - 9pm.

At the main entrance there is a staffed help desk and patient information points which provide travel information, health promotion and other advice.

NHSGGC have a Bicycle User group for staff. Please contact **TravelPo@ggc.scot.nhs.uk** if you wish to be added to the BUG distribution list and be kept informed of initiatives and relevant cycling information for NHSGGC staff.

Information on planning the optimal cycle route that suits you, is available at www.cyclestreets.net

For more information on active and sustainable travel, please contact the Travel Plan Office or visit Transport pages on Staffnet.

NHS Greater Glasgow & Clyde are not responsible for loss or damage to property. Staff should be vigilant and use the secure cycle shelters, where possible. 'Sold Secure' D locks are recommended. Bikes can be security marked and registered at www.immobilise.com or www.bikeregister.com

