

NHS Greater Glasgow & Clyde recognise that physical activity is essential for good health and encourage staff and visitors to consider walking and cycling as a great way to travel to hospital sites. This map indicates the shared access routes to hospitals and healthcare facilities. Designated visitor cycle parking is located on most sites.

Commuter cycle training is available for NHS Greater Glasgow & Clyde staff. There are a range of training courses available from basic beginners training to advanced on-road manoeuvre training for proficient cyclists. Please note courses are arranged subject to demand.

For further information: Email: **travelpo@ggc.scot.nhs.uk** 

## Smarter Choices, Smarter Places



## **Active Travel**

New Stobhill Hospital is well served by public transport covering bus travel within the immediate area and linking to Springburn, Bishopbriggs and Glasgow City Centre for onward connectivity. Bus services provide direct access to the main entrance at New Stobhill Hospital.

Springburn rail station is located approximately 1.2 miles from the main entrance with Bishopbriggs Station approximately 1.4 miles.

To plan your journey by public transport, please use **www.travelinescotland.com** journey planner or visit **www.scotrail.co.uk** 

Information on planning the optimal cycle route that suits you, is available at **www.cyclestreets.net** 

Walking journey planning is available at www.walkit.com

New Stobhill Hospital has been awarded Cycle Friendly Employer status by Cycling Scotland.

## **Cycling to Work**

The Cycle to Work scheme is a salary sacrifice scheme available to NHS Greater Glasgow & Clyde staff\*. With the Cycle to Work scheme, you can get your bike taxfree, which for most people means they save between 25% and 32% of the cost. Loans are available up to a maximum of £4,000 to use at a wide range of retailers, including E bikes or if you just want to purchase some new accessories. As well as saving you money, it is good for your health and the environment.

Secure cycle storage is located at the main hospital at East and West entrances. Cycle racks are also located at these locations. Additional secure cycle storage will be installed at Skye House and Belmont Centre in Spring / Summer 2021. Showers are located within the staff changing area on the third floor of the main hospital.

\*Terms and Conditions apply



## **New Stobhill Hospital**

The New Stobhill Ambulatory Care Hospital (ACH) is set in the Stobhill campus. The campus houses the hospital, a minor injuries unit, a number of general and specialist mental health facilities, and a brand new purpose-built Marie Curie Cancer Care hospice.

The ACH provides outpatient clinics, day surgery and diagnostic services. There are hospital beds available to medics to extend the range of short stay surgical procedures offered to patients.

At the main entrance there is a staffed help desk and patient information points which provide travel information, health promotion and other advice.

2 new mental health wards are now on the campus. The two wards – Elgin and Appin – have space for up to 40 inpatients, with Elgin dedicated to adult acute mental health inpatient care and Appin focusing on older adults with functional mental health issues.

NHSGGC have a Bicycle User group for staff. Please contact **TravelPo@ggc.scot.nhs.uk** if you wish to be added to the BUG distribution list and be kept informed of initiatives and relevant cycling information for NHSGGC staff.

Information on planning the optimal cycle route that suits you, is available at www.cyclestreets.net

For more information on active and sustainable travel, please contact the Travel Plan Office or visit Transport pages on Staffnet.

NHS Greater Glasgow & Clyde are not responsible for loss or damage to property. Staff should be vigilant and use the secure cycle shelters, where possible. 'Sold Secure' D locks are recommended. Bikes can be security marked and registered at www.immobilise.com or www.bikeregister.com

