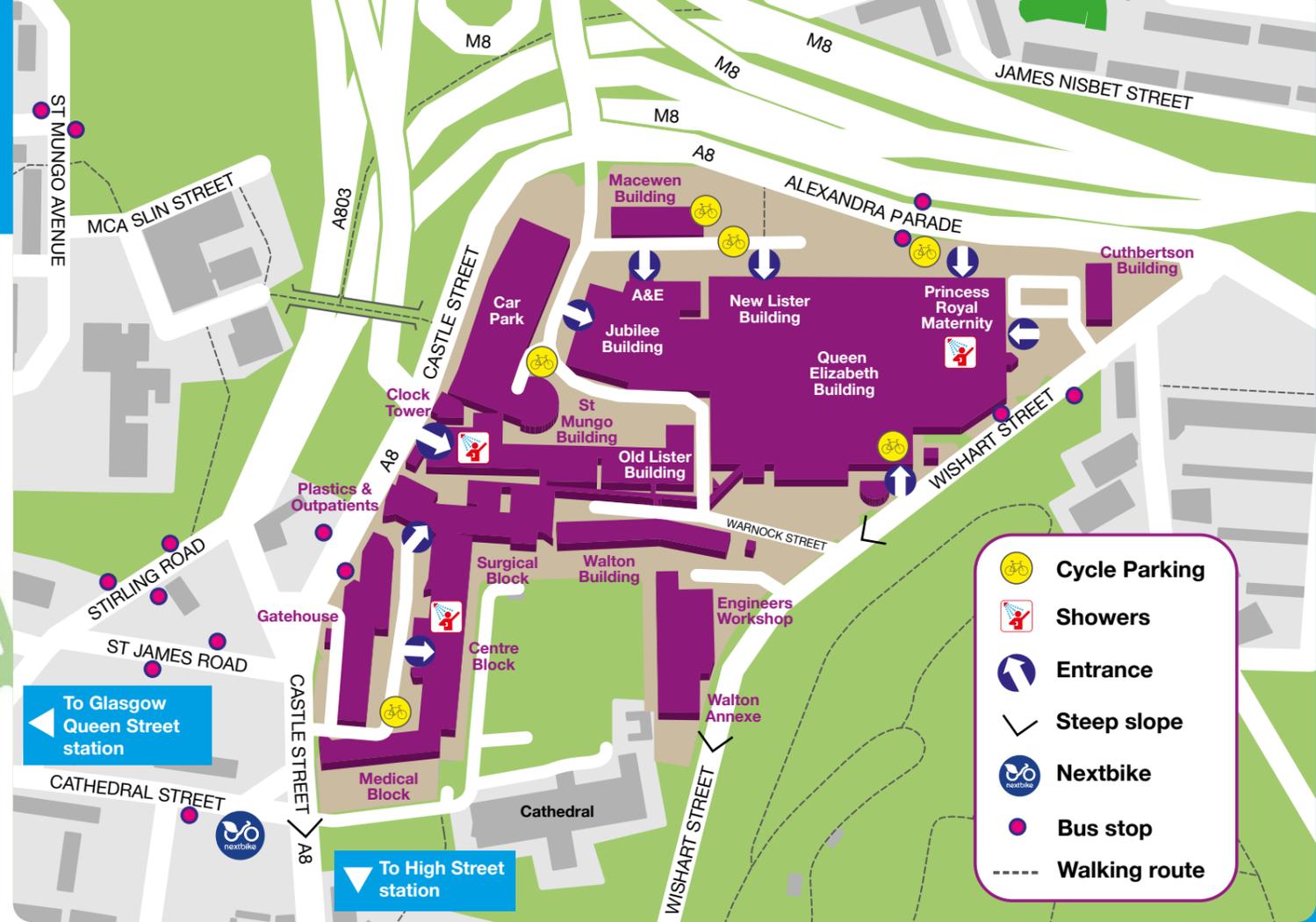


Glasgow Royal Infirmary

Walking and cycling guide 2021



Glasgow Royal Infirmary

Glasgow Royal Infirmary is located to the east of Glasgow City Centre and is the main inpatient hospital for the north and east of NHS Greater Glasgow & Clyde's area. The hospital celebrated its 225th anniversary in 2019 and has seen significant developments in recent years.

The Princess Royal Maternity and the Jubilee Building provide a range of services with the latter providing accommodation for the A&E department, a coronary care unit, an acute medical receiving unit and an orthopaedic surgery inpatient unit. The Canniesburn Plastic Surgery and Burns Unit have dedicated operating theatres as well as specialist inpatient and outpatient services.

The New Lister Building comprises NHS Laboratory Services, Clinical Microbiology and areas dedicated to University of Glasgow.

Active Travel

NHS Greater Glasgow & Clyde recognise that physical activity is essential for good health and encourage staff and visitors to consider walking and cycling as a great way to travel to Hospital sites. This map indicates the shared access routes to hospitals and healthcare facilities. Designated visitor cycle parking is located on most sites.

Commuter cycle training is available for NHS Greater Glasgow & Clyde staff. There are a range of training courses available from basic beginners training to advanced on road manoeuvre training for proficient cyclists. Please note courses are arranged subject to demand.

For further information:
Email: travelpo@ggc.scot.nhs.uk

Glasgow Royal Infirmary is well served by bus, rail and subway travel within the immediate area and benefits from its close proximity to Queen Street station, Buchanan Bus station, Glasgow City Centre and the motorway network. Bus services provide direct access to the site and allow interchange with multiple bus routes for Glasgow and surrounding areas as well as Buchanan Street Subway for onward connectivity.

There are two rail stations within close proximity, namely High Street and Glasgow Queen Street, with High Street station approximately 0.5 mile walk from the hospital.

To plan your journey by public transport, please use www.travelinescotland.com journey planner or visit www.scotrail.co.uk

Information on planning the optimal cycle route that suits you, is available at www.cyclestreets.net

Walking journey planning is available at www.walkit.com

Glasgow Royal Infirmary has been awarded Cycle Friendly Employer status by Cycling Scotland.

Cycling to Work

The Cycle to Work scheme is a salary sacrifice scheme available to NHS Greater Glasgow & Clyde staff*. With the Cycle to Work scheme, you can get your bike tax-free, which for most people means they save between 25% and 32% of the cost. Loans are available up to a maximum of £4,000 to use at a wide range of retailers, including E bikes or if you just want to purchase some new accessories. As well as saving you money, it is good for your health and the environment.

Cycle racks and clothing storage lockers are available internally at ground floor level within Queen Elizabeth Building (QEB) in the link corridor. There is also secure cycle storage at the entrance at Medical Block and at New Lister Building, with cycle racks outside the entrance to New Lister Building, towards the rear of Macewan Building and at the car park at A & E. There are also cycle pods outside New Lister Building, which are managed by the University.

There are shower facilities available in Centre Block ground floor level near to security desk, key available from security. Showers are also available in male and female changing rooms outside wards 24 and 33 of

Surgical Block. There are also female showers in the female changing rooms in QEB lower ground level. There are NextBike bike hire facilities on Cathedral Street and at Glasgow Cathedral.

*Terms and Conditions apply

NHSGGC have a Bicycle User group for staff. Please contact TravelPo@ggc.scot.nhs.uk if you wish to be added to the BUG distribution list and be kept informed of initiatives and relevant cycling information for NHSGGC staff.

Information on planning the optimal cycle route that suits you, is available at www.cyclestreets.net

For more information on active and sustainable travel, please contact the Travel Plan Office or visit Transport pages on Staffnet.

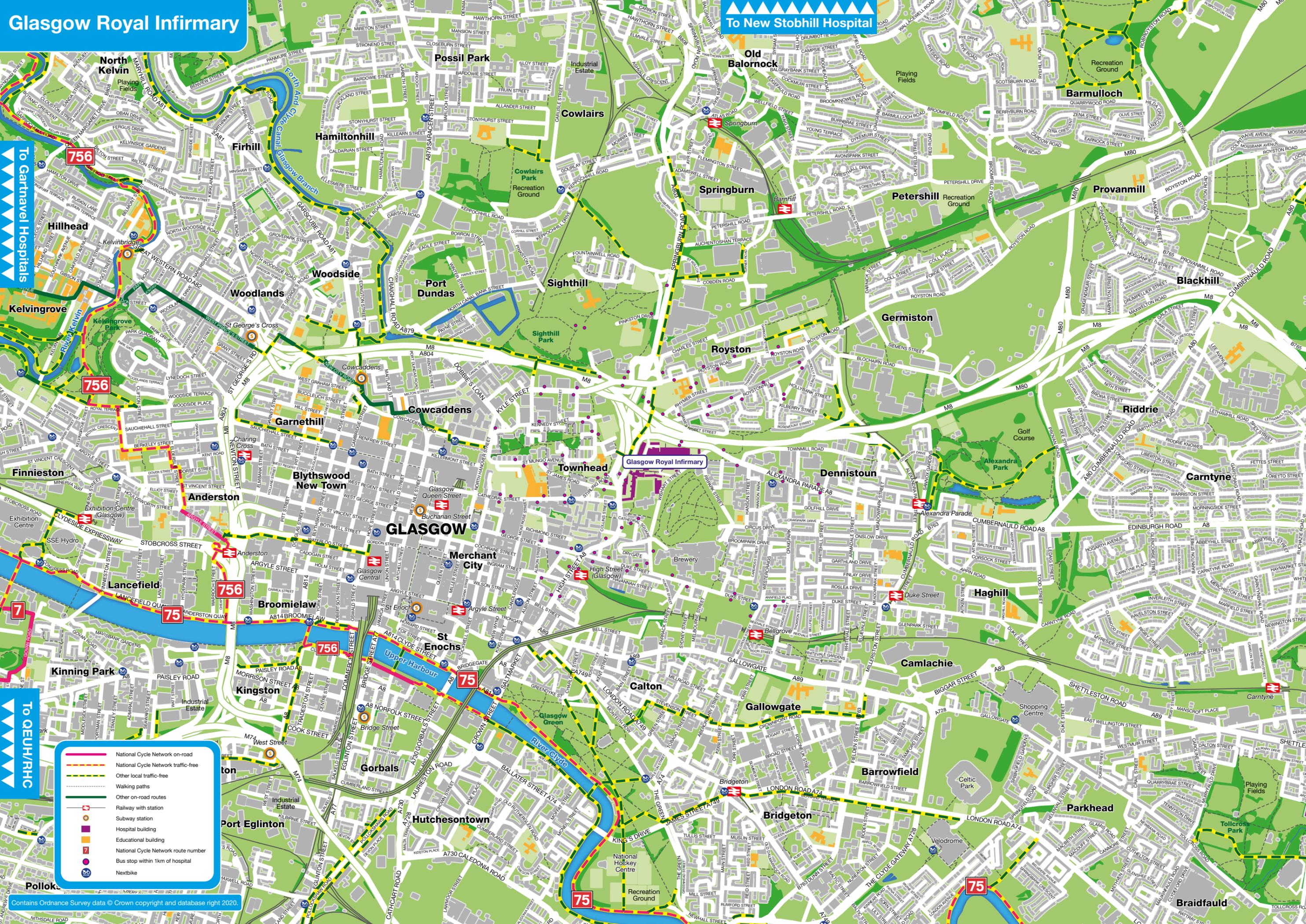


Glasgow Royal Infirmary

To New Stobhill Hospital

To Gartnavel Hospitals

To GEU/RHC



- National Cycle Network on-road
- National Cycle Network traffic-free
- Other local traffic-free
- Walking paths
- Other on-road routes
- Railway with station
- Subway station
- Hospital building
- Educational building
- National Cycle Network route number
- Bus stop within 1km of hospital
- Nextbike