

Information about your

Urodynamics Test



What is it?

Urodynamics is a test that measures bladder pressures. The information gained from this test can assist your Urologist in managing your symptoms.

Who will I meet?

A clinical specialist will carry out the test with assistance from a nurse. We will take care to maintain your dignity and comfort at all times.

Is there any preparation?

You can eat and drink as normal on the day of the test. We ask you to attend with a comfortably full bladder.

If you have a catheter in place, perform intermittent self catheterisation or have a stoma please bring a spare catheter or stoma bag with you.



What does it involve?

We will start by asking you to empty your bladder into our commode.

To be able to record the pressures in your bladder it is necessary to insert a soft tube into your back passage and a narrow tube (catheter) into your bladder. We will use local anaesthetic gel and lubricating gel for your comfort.

We then slowly fill your bladder with sterile saline so that we can record certain information. After your bladder is full we carry out some other simple tests, then you will be able to empty your bladder again into the commode, with the tubes in place, so we can record measurements of the flow.

We will remove the tubes at the end of the test.

How long will it take?

Your test will take approximately one hour but please allow up to 2 hours as unavoidable delays can occur.

Our contact details

Phone number ☎ 0141 452 3171

Monday to Thursday 8:00am - 5:00pm

Please leave a voicemail if the phone is not answered, including your name, CHI number and phone number.



