

Information about your Urodynamics Test



What is it?

Urodynamics is a test that measures bladder pressures. The information gained from this test can assist your Urologist in managing your symptoms.

Who will I meet?

A nurse will carry out the test with assistance from a nurse. We will take care to maintain your dignity and comfort at all times.

Is there any preparation?

You can eat and drink as normal on the day of the test. We ask you to attend with a comfortably full bladder.

We also ask you to provide a sample of urine to your GP 10-14 days before your test to check for the presence of a urine infection, as we may not be able to do the test if you have an active infection. If you have a urinary tract infection, this will allow your GP to prescribe a course of antibiotics in time for your appointment.

If you have a catheter in place, perform intermittent self catheterisation or have a stoma please bring a spare catheter or stoma bag with you.



What does it involve?

We will start by asking you to empty your bladder into our commode.

To be able to record the pressures in your bladder it is necessary to insert a soft tube into your back passage and a narrow tube (catheter) into your bladder. We will use local anaesthetic gel and lubricating gel for your comfort.

We then slowly fill your bladder with sterile saline so that we can record certain information. After your bladder is full we carry out some other simple tests, then you will be able to empty your bladder again into the commode, with the tubes in place, so we can record measurements of the flow.

We will remove the tubes at the end of the test.

How long will it take?

Your test will take approximately one hour but please allow up to 2 hours as unavoidable delays can occur.

Our contact details

Glasgow Royal Infirmary

☎ 0141 211 6316 or 6317

Monday to Friday 9am - 4:30pm



