

It is important to note these three things:-

- You must attend the Department with a full bladder.
- You may be in the
 Department for quite a long period of time.(Depending on how long it takes to fill your bladder)
- 3. These procedures are carried out by both Nursing and Radiography Staff. You will not be seen by a member of the Medical Staff until your follow up appointment.

And finally, we understand that you may find these procedures embarrassing and we will strive to maintain your dignity and privacy at all times.

Patient Information

Flow Studies

Review Date: October 2020

MI • 298748 v1.0

Flow Studies

You have been given an appointment to attend the Department of Urology for Flow Studies. These procedures are designed to measure how well you are passing urine and to find out if you are completely emptying your bladder.

It is important that you attend this appointment with a full bladder

When you come into the Outpatient Clinic at your appointment time, you will be met by a member of our Nursing Staff who will introduce themselves and take you into a room where they will, again, explain the procedure to you.

If your bladder is full you will be taken into another room and asked to pass urine into a machine (a Flow Meter) designed to measure how good a flow of urine you have. When this has been done the Nurse will supply you with jugs of water or juice until your bladder is full again. You will then be asked to pass urine once again into our Flow Meter.

When you have emptied your bladder for a second time, the Nurse will direct you to our X-ray Department where the Radiographer will do an Ultrasound Scan of your bladder to see if it has been completely emptied.

After completion of these procedures you will be given a return appointment to see the Consultant who referred you for this examination.