

Information for patients

24 Hour Urine Collection For Metadrenalines

Introduction

Your doctor has requested a laboratory test which requires you to collect your urine for 24 hours. We will give you a plastic bottle to collect the urine. Please follow the instructions carefully to make sure that we can get accurate results from the test.

Preparation

It will be easier if you choose a day when you will be at home for a complete 24 hour period. If you have to go out, take your bottle with you.

Do not start your collection on a Friday or Saturday as you will not be able to return the sample immediately once the collection is complete.

Collecting the sample

- Step 1:** Check the personal identification details (e.g. name, date of birth) on the bottle are correct.
- Step 2:** On the day of the sample collection, when you wake, pass all your urine into the **toilet** and do **not** collect it.
- Step 3:** From this point onwards collect **all** urine into the provided plastic container. To do this, it is best to pass urine into a separate clean container such as a plastic jug and then pour it into the container provided.
- Step 4:** In the morning of the following day, when you wake, empty your bladder into the plastic container. Your urine collection is now complete.
- Step 5:** Write the date the collection was stopped on the side of the urine collection container.

After the sample is collected

Check the cap is screwed on firmly.

Double check the urine collection container label contains the following:

- Your name
- Your date of birth
- Date collection started
- Date collection finished
- The name of the doctor or nurse who asked for the collection

Please note: We cannot accept containers without a label and we will ask you to repeat the urine collection.

If you don't have your CHI number contact your GP surgery, ward or clinic.

What to do with the collected sample

Check that all your details have been filled in clearly on the label. Bring the container (and the request form if you were given one) as soon as possible direct to the hospital department from which you received the container or your GP.

Any problems or questions

If you have any questions about the information given on this sheet, please contact the department that gave you the collection container or your local GP.

