

**NHSGGC NUTRITIONAL SPECIFICATION FOR FOOD RETAIL
(TROLLEY SERVICES)**

Compliance Criteria:

- Scottish Grocers Federation's Healthy Living Programme Gold Standard (SGF) <http://www.scottishshop.org.uk/sgfhlp>
- NHSGGC Trolley Specification

Policy Outcome:

- All trolley services will include a defined range of healthy options*and achieve 50% 'healthy choices' in line with HLA

Summary of Key Requirements / Criteria:

Product range	<ul style="list-style-type: none">• At least 50% of snack items available must meet the 'low/medium' nutrient specifications as outlined in the HLA award• NHSGGC requires 100% of soft drinks (by both product and retail volume) to be sugar-free (less than 0.5 grams of sugar per 100ml). Soft drinks include flavoured waters.• No 'extra sized' crisps or confectionery products should be offered.• A selection of fruit should be offered at every service.• The product range should include products sensitive to religious dietary requirements.
Nutritional composition and content	<ul style="list-style-type: none">• Ensure lower fat, sugar and salt alternatives are offered in line with nutritional specifications in the HLA.
Promotion	<ul style="list-style-type: none">• Options meeting criteria must be prominently positioned and should be priced competitively with other products.