

# THE ROLE OF A CARE HOME DIETITIAN IN GG&C



The Care Home Dietitians in GGC cover a total of **187** Care Homes across Greater Glasgow and Clyde. Our job role is primarily training and quality improvement,

We support Care Homes by providing them with the tools and education needed to improve resident care and outcomes from a nutrition perspective.

## SO WHAT DO WE DO DAY TO DAY?

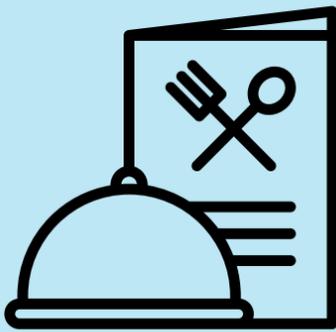


### IMPROVEMENT WORK

We regularly collect data, including analysis of the use of MUST and MUST step 5.

### TRAINING SESSIONS

We hold face to face and online training sessions with staff on MUST, food fortification, weight management, IDDSI, diabetes, and documentation.

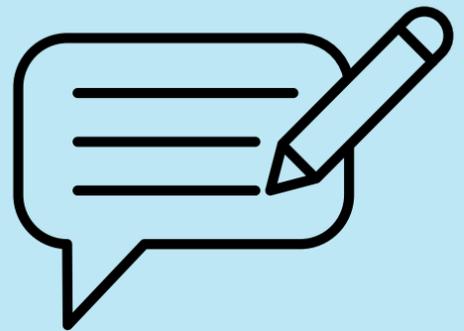


### MENU ANALYSIS

We review and analyse menus to ensure that residents are being provided with a varied, exciting and nutrient dense diet.

### REVIEW EVIDENCE TO UPDATE THE TOOLS WE USE

This can include updating training sessions, guidelines and supporting written materials.

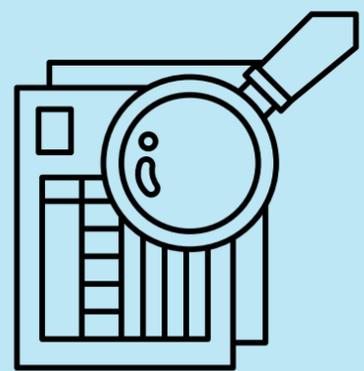


### MDT WORKING

Working closely as part of a multidisciplinary team with a long list of other healthcare staff.

### MEALTIME OBSERVATIONS

Observe mealtimes in homes to ensure both safe practice and that residents needs are met in a dignified and enjoyable way.



## OVERVIEW

This is just a very small insight into what we do. Our main focus will always be to help, support and encourage staff. We believe that providing a supportive environment is key for positive change.