

The Network




17 new partners joined in 2025




Network Meetings



Service Spotlights



The Network is a great way to share information on how we can improve our understanding and support professionals, agencies and health . There is always a variety of knowledge and information and the Perinatal and Infant Mental Health Good Practice Guide is an excellent resource.



Feedback from a network partner


Capacity Building




Infant Mental Health
Healthy Minds sessions delivered



77 participants attended



This is a really lovely resource. It absolutely covers the key principles and messages about infant mental health. I think the quiz questions are great – so helpful to think about common misconceptions i.e. we all have mental health and you cannot ‘spoil’ a baby with too much care and attention.




Infant Mental Health session feedback


The Importance of Relationship Training



40 participants attended



Very powerful, valuable to think about Infant Mental Health, seeing in babies point of view , will help me in practice.





Staff from various disciplines including health, education social work and third sector attended an information session delivered by the NHSGGC Infant Mental Health Team.

Resources and Communication



Downloads of our
Supporting New &
Expectant Parents’
Mental Health resource



Monthly communications
circulated keeping the
network up to date with
research, resources &
learning opportunities



Downloads of our
Perinatal and Infant
Mental Health Good
Practice Guide