

What happens at the tonsil clinic?

Lots of children get sore throats from an infection in their tonsils. Most grow out of it on their own. The best thing for many children is to treat each infection when it happens and wait for things to get better on their own.

Surgery to remove the tonsils is a big thing to do. Your GP wants us to see you to talk about whether surgery is the right thing for your child. We can see how many sore throats your child has had and how bad they are. We can talk about surgery and decide together about whether to go on the waiting list for surgery or just leave things alone.

What should I do at home before we come to the clinic?

Before the clinic visit, it might be helpful to think about these questions:

- How many sore throats has your child had in the last year?
- How many in the last 2 years?
- How many in the last 3 years?
- Does your child snore at night?
- Does your child have restless or disturbed sleep?
- Does your child wake up during the night? How many times?

What should I tell my child about the appointment?

The nurse is just going to ask questions about the sore throats and about any other medical problems that your child has had. The nurse will look at the tonsils too. After that, they will just chat about surgery.

It is important that the child has a say in whether to have surgery or not, as well as the parents or legal guardian.

Are we coming in for an operation?

No. This is just a clinic visit.

How long will the appointment take?

Each appointment lasts 15 minutes so the nurse has time to talk about the choices with you.

Be aware

Finding a car parking space can be difficult at the hospital so please allow enough extra time if you are coming by car. Please register at the front desk when you arrive, or on the self check-in screens. You will be sent to clinic area 7. Please let the nurse at area 7 know when you have arrived as well.

Contact Details

If you have any questions please telephone:

☎ 0141 451 6598 ☎ 0141 451 6573 ☎ 0141 451 6526