

Why does my child has to go to the nose bleed clinic?

Lots of children get nose bleeds. Most grow out of it on their own. It is not usually anything serious.

The nurse will ask you some simple questions to see if there is a reason why the nose bleeds are happening. The nurse will have a look at your child's nose.

What happens at the nose bleed clinic?

Nose bleeds in children are mostly quick and easy to treat at the clinic.

The nurse can numb the inside of the nose with some medicine on a little piece of cotton wool, then seal off the spot that has been bleeding using a small stick of silver nitrate.

This just takes a few seconds. It is not usually sore. The nurse will ask you to use some antiseptic cream inside the nose for the next couple of weeks to help it all to heal up and to help stop the nose bleeds coming back.

What should I do at home before we come to the clinic?

Before the clinic visit, it might be helpful to use some antiseptic cream which you can get from your GP. We usually use Naseptin (unless the child is allergic to peanuts, and then we use Bactroban).

It is important to put the cream directly into each nostril with the nozzle on the end of the tube. Don't try putting it in with a finger-tip or a cotton bud. You need to get lots of cream inside the nose and the nozzle is the best way.

What should I tell my child about the appointment?

The nurse is just going to ask questions about the nose bleeds and about any other medical problems that your child has had.

The nurse will look at the nose too.

After that, they will see if there is a bleeding spot that they need to seal off with the silver nitrate stick.

Are we coming in for an operation?

No. This is just a clinic visit.

How long will the appointment take?

We book 15 minutes for each appointment so the nurse has time to talk about the examination and procedure with you.

Be aware

Finding a car parking space can be difficult at the hospital so please allow enough extra time if you are coming by car.

Please register at the front desk when you arrive, or on the self check-in screens. You will be sent to clinic area 7.

Please let the nurse at area 7 know when you have arrived as well.

Contact Details

If you have any questions please telephone:

☎ 0141 451 6598

☎ 0141 451 6573

☎ 0141 451 6526