

What happens at the children's ear wax clinic?

Ear wax is normal and healthy. It doesn't usually cause any problems at all.

Sometimes wax can cause blockage of the ear. This can be uncomfortable and it might cause a mild hearing problem.

Your family doctor has found that your child's ears are blocked up with wax. When you come to the children's ear wax clinic the nurse will check your child's ears. If they are blocked with wax the nurse can clean out the wax with some warm water.

What should I do at home before we come to the clinic?

At home you can soften the wax with some oil. This will make it easier for the nurse to clean the wax away.

You can buy a small dropper-bottle of oil at any pharmacy or supermarket. Drip 2-3 drops of oil into each ear. This is easier if your child is lying down on their side. Leave the oil for five minutes and then wipe away any that runs out.

Never try to clean out the ears with cotton buds!

What should I tell my child about the appointment?

The nurse is just going to look at your child's ears and wash away the wax with some warm water.

It feels quite tickly and nice and it doesn't take long. It won't be sore and it can be quite fun!

Are we coming in for an operation?

No. This is just a clinic visit.

How long will the appointment take?

We book 15 minutes for each appointment so the nurse has time to check for wax, wash the ears and arrange a hearing test if they need to.

Be aware

Finding a car parking space can be difficult at the hospital so please allow enough extra time if you are coming by car. Please register at the front desk when you arrive, or on the self check-in screens. You will be sent to clinic area 7. Please let the nurse at area 7 know when you have arrived as well.

Contact Details

If you have any questions please telephone:

 0141 451 6598  0141 451 6573  0141 451 6526