NHS
Greater Glasgow
and Clyde

The Atypical Parkinsonism Service

A guide to the clinic for patients and families

Neurology Department

Queen Elizabeth University Hospital
1345 Govan Road
Glasgow
G51 4TF

The Team

Doctors **Vicky Marshall** and **Dave Anderson**
(Consultant Neurologists)

Elaine Thomson
(Specialist Movement Disorder Nurse)

Fiona Turnbull
(Movement Disorder Neurophysiotherapist)

Dr Susan O'Connell and **Dr Sharon Mulhern**
(Neuropsychologists)

Katie Rigg
(Multiple System Atrophy [MSA] Trust Specialist Nurse)

Jules Brown
(Progressive Supranuclear Palsy Association [PSPA] Care Navigator)

Joanna Wallace
(Speech and Language Therapist)

An Information and Support Worker is also part of our team

Contact Details:

Dr Vicky Marshall's Secretary:	☎ **0141 201 2473**
Dr Dave Anderson's Secretary:	☎ **0141 232 7591**
Elaine Thomson, Specialist Nurse:	☎ **0141 201 2747**
Fiona Turnbull, Neurophysiotherapist:	☎ **0141 201 2089**
Dr Sharon Mulhern's Secretary:	☎ **0141 201 2600**
Dr Susan O'Connell's Secretary:	☎ **0141 201 2600**
Speech and Language Therapy:	☎ **0141 347 8660**

You have received this leaflet as you, or someone you care for, has been referred to the Atypical Parkinsonism service.

What is Atypical Parkinsonism?

Atypical Parkinsonism or “Parkinson’s Plus” refers to a group of conditions that can initially look like Parkinson’s disease. These conditions are Multiple System Atrophy (MSA), Progressive Supranuclear Palsy (PSP), Corticobasal Syndrome (CBS) and other similar conditions.

What can we offer you?

We can offer you specialist support in our multidisciplinary service which includes:

- Specialist movement disorder nurse and doctors
- Neurophysiotherapy,
- Neuropsychology
- Links to speech and language therapy
- Community therapy teams.

We have a charity nurse from the MSA (Multiple System Atrophy) Trust and a care navigator from PSPA as well as a carer support worker.

What will happen on the day I attend?

When you attend the clinic you will see a combination of members from the multidisciplinary team including a doctor and a nurse. This will usually be a face to face appointment. You are very welcome to bring a family member, carer or friend.

We will ask questions and examine you and try to identify any problems that we can help with. You will be able to see a neurophysiotherapist (a physiotherapist who specialises in treating people with neurological conditions) and a speech and language therapist if required.

We may offer you an appointment with other members of staff such as a neuropsychologist which will take place on a different day, and will depend on your needs. Neuropsychologists work towards understanding how illnesses of the brain and nervous system affect memory, mood and the ability to function in daily life and how emotions such as anxiety, stress and low mood affect the brain and nervous system.

Your first visit may take up to 2 hours.

We will offer your family member or carer an appointment with the carer support worker.

Some patients are referred for a one off appointment after which their ongoing care will continue with the doctor who referred them. Other patients may continue to attend the service, in this case future appointments are likely to be shorter.

What if I cannot attend face to face?

We will be able to arrange a telephone or video consultation for you.

Where can I get more support?

You can get more support from the following charity organisations

Multiple System Atrophy Trust (MSA) Trust

🌐 **https://www.msatrust.org.uk/**

✉ **support@msatrustorg.uk**

☎ **0333 323 4591**

PSPA (also for people with Corticobasal Syndrome (CBS))

🌐 **https://pspassociation.org.uk/**

✉ **helpline@pspassociation.org.uk**

☎ **0300 0110 122**

Information and support for carers

Carers Information Line: ☎ **0141 353 6504**

🌐 **https://www.yoursupportglasgow.org/accesscarerservice**

Notes