

Questions and Guidance notes for completion of the the Transfemoral fitting predictor

- The patient should be scoring “4” in all questions except number 9 to be considered for limb fitting.

| | <u>Score</u> |
|---|---------------------|
| 1. Can you get up to sit over the side of the bed? | |
| Patient is unable to move from supine to sitting over the side of the bed | 1 |
| Physical assistance of therapist to perform the task including use of aids | 2 |
| Independent but requiring verbal prompts, the use of aids and/or the therapist in close proximity | 3 |
| Independent and safe without the use of aids | 4 |

2. Can you move into your wheelchair and then back onto the bed?

| | |
|---|---|
| Patient is unable to transfer from bed to wheelchair and back | 1 |
| Side removed from wheelchair, use of slide board and assistance of therapist | 2 |
| Side on or off wheelchair, close proximity of therapist, with independent use of slide board if necessary | 3 |
| Side on wheelchair, independent and safe without the use of equipment | 4 |

***** PLEASE NOTE THAT IF THE PATIENT IS UNABLE TO TRANSFER FROM BED TO WHEELCHAIR INDEPENDENTLY WITH THE SIDE ON THEIR WHEELCHAIR (Q2), THEN IT WOULD NOT BE SAFE TO ATTEMPT TASK 3.***

3. Can you move from your wheelchair into this chair with arms?

| | |
|---|---|
| Patient is unable to transfer from wheelchair to chair with arms | 1 |
| Physical assistance of therapist to perform the task | 2 |
| Independent with therapist in close proximity or requiring verbal prompts | 3 |
| Independent and safe | 4 |

**** DO NOT SCORE Q4 UNTIL PATIENT HAS BEEN ASKED Q5**

4. Can you move forwards into the bars and get ready to stand up?

- Have the patient 2-3 metres from the bars so they can wheel themselves straight in
- Do not mention the application of brakes or removal of footplates to the patients as this is to assess their cognition and safety prior to standing.

Patient is unable to apply brakes or move footplates while sitting in wheelchair 1

Physical assistance from therapist is required for patient to achieve task 2

Able to carry out task with verbal prompts 3

Patient is independent and safe 4

5. Can you stand up in the parallel bars by pushing from the arms of the chair?

- If the patients has not applied the brakes or removed the footplates, please remind them to do so now.

Patient is unable to stand up in parallel bars by pushing up from the arms of the chair 1

Patient requires physical assistance of therapist to stand up or pulls up on the parallel bars 2

Patient requires the therapist in close proximity or verbal prompts 3

Independent and safe 4

6. Can you stand in the bars on one leg without holding on for up to 5 seconds?

- Advise patient you will start counting as soon as you let go – “try not to hold on for 5 seconds.”

Patient is unable to stand on remaining leg for 5 seconds without holding onto parallel bars 1

Patient can partially achieve task (stand for less than 5 secs) 2

Patient can stand for 5 seconds but requires the therapist in close proximity 3

Independent and safe 4

**** EARLY WALKING AID SHOULD BE APPLIED AT THIS STAGE IF APPROPRIATE (NB – THE PATIENT SHOULD NOT PROCEED WITH Q7-9 IF THEY ARE NOT USING AN EWA)**

7. Can you let go of the parallel bars and stand for 30 seconds?

- Advise patient “I will start counting as soon as you let go.”

Patient is unable to stand with the EWA in situ for more than 10 seconds without holding onto the parallel bars 1

Patient partially achieves task (is able to stand for between 10 and 30 seconds) 2

Able to stand without holding onto parallel bars for 30 secs with therapist in close proximity 3

Independent and safe 4

8. Can you walk to the end of the parallel bars, turn and come back?

The patient is unable to walk to the end of the parallel bars with EWA, turn and walk back 1

Patient requires physical assistance from therapist to perform task 2

Independent with therapist in close proximity or requires verbal prompts 3

Independent and safe 4

**** Please note: SIT ⇔ STAND IS NOT BEING ASSESSED IN Q9**

9. Can you walk to (X), turn and walk back?

- X can be any object 5m away e.g. cone

Patient is unable to walk with EWA using walking aids out with parallel bars 1

Patient requires physical assistance of therapist to perform task 2

Independent with therapist in close proximity or requires verbal prompts 3

Independent and safe 4