

NHS Greater Glasgow and Clyde Mental Health Improvement Team

Hello, we are the NHS Greater Glasgow and Clyde Mental Health Improvement Team working with the six Health and Social Care Partnership areas; Glasgow City, Renfrewshire, East Renfrewshire, West Dunbartonshire, East Dunbartonshire and Inverclyde, to deliver on the public mental health agenda.



Our **Team Website** provides information about the work we are undertaking across our key priority areas, and shares useful resources and information to help our colleagues and partners deliver on the public mental health agenda. Visit <https://www.nhsggc.scot/hospitals-services/services-a-to-z/mental-health-improvement/>



Our monthly **Mental Health Snippet** shares a wealth of useful mental health information and resources across the life course. To sign up to our snippet, email ggc.mhead@ggc.scot.nhs.uk



Our **Perinatal and Infant Mental Health Network** is a platform for colleagues and partners who are working with new and expectant parents. With over 100 members, the network aims to increase awareness of perinatal and infant mental health. To join the network, email ggc.mhead@ggc.scot.nhs.uk



We have developed a range of **Resources** to support the public mental health agenda, across the life course. Examples include Healthy Minds, Mental Health Policy Landscapes, Good Practice Guides, Posters and many more. All our resources can be accessed from our website.



Our **Aye Mind** project aims to help those who work with children and young people to feel more confident using digital tools to support their mental health and wellbeing. To sign up for our newsletter, submit a blog, or share a best practice guide, email ggc.mhead@ggc.scot.nhs.uk or visit our website <https://ayemind.com/>



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Trevor Lakey
Health Improvement &
Inequalities Manager – Mental
Health, Alcohol and Drugs



Heather Sloan
Health Improvement Lead
Mental Health



Greg Usrey
Health Improvement Lead
Mental Health



Michelle Guthrie
Health Improvement Senior
Mental Health



Laura Hills
Health Improvement Senior
Digital Mental Health

For all queries please contact our admin team at
ggc.mhead@ggc.scot.nhs.uk