

# Team Talk

Better Health • Better Care • Better Value • Better Workplace

May 2026

## Better Health

**It's World No Tobacco Day on 31 May and the message is simple: The grip of nicotine and tobacco addiction can be broken.**

Help your staff, patients, friends and/or family break the cycle by accessing smoking cessation support at [www.nhsggc.scot/quityourway](http://www.nhsggc.scot/quityourway)



**John O'Dowd**  
Interim Director  
of Public Health



**Encourage your staff to swap four wheels for two to support Active Travel.**

Ensure they know how they can join our free Dr Bike sessions during May for repairs, maintenance tips, and advice. With secure storage, facilities, and Cycle to Work support, it's never been easier to cycle.



More info at [Travel Plan Office](#).



**Alan Wilson**  
Director of  
Estates and Facilities



## Better Care

**What Matters to You? Day – 2 June 2026 reinforces NHSGGC's commitment to safe, effective and truly person-centred care.**

Asking "What matters to you?" supports our Quality Strategy and Careful Kindness approach, strengthening relationships, improving experience and helping turn compassion into high-quality care every day. Get involved: share your story using **#WMTY26** and tag **@NHSGGC**



**Professor Angela Wallace**  
Executive Director  
of Nursing

## Better Workplace

**iMatter is launching soon – encourage your teams to share views on their experience at work.**

Feedback helps shape positive change for teams, services and the wider organisation. Please take the opportunity to participate and have your voice heard.



Find out more at [HR Connect](#)



**Natalie Smith**  
Interim Director of  
Human Resources and OD



**Team Talk – Questions to discuss with your manager**



- How does this affect me?
- Where can I find more information?
- How can I get involved?

**Do you have a suggestion for Team Talk?**



Email: [ggc.teamtalk@ggc.scot.nhs.uk](mailto:ggc.teamtalk@ggc.scot.nhs.uk)

**Please discuss this briefing with your team.**