

# Team Talk

Better Health • Better Care • Better Value • Better Workplace

May 2025

## Better Health

**Heading abroad soon?** Whether you are going to familiar places to visit family and friends, or heading somewhere new - travel risks change fast. Check [Fit for Travel](#) for the latest advice.

Book a travel health appointment **8 weeks** before flying, by calling **0800 917 6115**.

Got your vaccination history? We should all know about staying safe overseas.

More info [here](#).



**Emilia Crighton**  
Director of Public Health



## Better Care

**Sometimes it's the simple things we do for our colleagues that can have the biggest impact.**

As part of our [Civility Saves Lives](#) campaign, we're talking about why kindness at work is so important. From checking in on our colleagues to celebrating events like birthdays, small acts of kindness can go a long way. What are some of the simple things that you could do to brighten your colleagues' days?



**Angela Wallace**  
Director of Nursing



## Better Value

**The Board is on track to break-even for 2024/25.** A huge thanks to all staff who've helped us reach financial balance and make best use of the £4.6 billion available.

This has included the release of savings and as 2025/26 presents a continued financial challenge your support remains vital.

Please continue to get involved by suggesting changes no matter how big or small via our [Working Smarter pages](#).



**Colin Neil**  
Director of Finance



## Better Workplace

**The iMatter questionnaire is your chance to share your experiences and shape positive change.**

See how last year's feedback made a difference [here](#).

The 2025 survey launches 19 May - watch your inbox for the link! It only takes 10 minutes, so set time aside to complete it.

Thank you - your voice matters!



**Natalie Smith**  
Interim Director of  
Human Resources and OD



### Team Talk – Questions to discuss with your manager



- How does this affect me?
- Where can I find more information?
- How can I get involved?

### Do you have a suggestion for Team Talk?



Email: [ggc.teamtalk@ggc.scot.nhs.uk](mailto:ggc.teamtalk@ggc.scot.nhs.uk)

**Please discuss this briefing with your team.**