

Team Talk

Better Health • Better Care • Better Value • Better Workplace

March 2026

Better Health

This month saw national no smoking day.

Take 30 seconds to save a life and refer yourself, family, friends or patients who smoke to **Quit Your Way**.

Encouraging a simple referral helps to promote healthier choices and support patients to begin their quit journey.

Find out more [here](#).



John O'Dowd
Interim Director
of Public Health



Better Care

Delivering fair and inclusive frontline services is a key deliverable of our Quality Strategy.

The Equality and Human Rights Team carry out short, informal Frontline Equality Assessments (FEAs) to offer practical advice and answer questions.

Visit the [website](#) for more information or [contact the team](#) to request a FEA.



Angela Wallace
Director of Nursing



Better Workplace

From 1 April 2026, the Agenda for Change working week reduces to 36 hours with no loss of pay.

Rosters will be updated to reflect this change. More information, including FAQs and guidance, is available on the Reduced Working Week [SharePoint](#) page, with updates shared via **Core Brief** and **Team Talk**.

Please discuss with your team.



Natalie Smith
Interim Director of
Human Resources and OD



Get to grips with Copilot, your artificial intelligence tool for work.

Over the coming weeks, Copilot training sessions will support you to make your workday easier, smarter, and more productive.

Look out for training invites in your calendar, and find out more [on Staffnet](#).



Denise Brown
Director of
Digital Services



Team Talk – Questions to discuss with your manager



- How does this affect me?
- Where can I find more information?
- How can I get involved?

Do you have a suggestion for Team Talk?



Email: ggc.teamtalk@ggc.scot.nhs.uk

Please discuss this briefing with your team.