

# Team Talk

Better Health • Better Care • Better Value • Better Workplace

June 2025

## Better Health

### NHSGGC's Type 2 Diabetes Hub wants staff to know their 'score'.

There are a number of factors that can increase your risk of developing [Type 2 Diabetes](#) including your age, weight, ethnicity and family history.

Use the Diabetes UK's online '[Know Your Risk](#)' tool - all you need are scales and a tape measure and you're ready!



**Emilia Crighton**  
Director of Public Health



## Better Value

**NHSGGC is legally required to complete annual Pre-Acceptance Audits (PAAs) for all clinical waste-producing areas, as mandated by SEPA.** PAAs ensure correct classification, packaging, labelling, and segregation of waste, safeguarding human health and the environment.

Please review your waste management practices and procedures in preparation for upcoming PAAs, and remove clinical waste bins from non-clinical areas.



**Tom Steele**  
Director of Estates and Facilities



## Better Workplace

### NHSGGC and our LGBTQ+ Staff Forum are celebrating Pride throughout June 2025.

The Forum is visiting sites and holding events and you can find more details via the QR Code below. Please do come along, say hello and show your support.

If you want to sign up to the Forum mailing list or become an ally, please contact the Forum via [ggc.lgbtstaff.forum@nhs.scot](mailto:ggc.lgbtstaff.forum@nhs.scot)



**Natalie Smith**  
Interim Director of  
Human Resources and OD



### PDP&R conversations are a valuable way to keep learning central in all we do.

They offer staff the chance to look back on their experiences, receive support from their managers and look ahead with purpose.

Schedule regular check ins throughout the year and sign off the confirmed conversation together on Turas Appraisal.

Click here for further information: [Learning and Education](#)



**Natalie Smith**  
Interim Director of  
Human Resources and OD



### Team Talk - Questions to discuss with your manager



- How does this affect me?
- Where can I find more information?
- How can I get involved?

### Do you have a suggestion for Team Talk?



Email: [ggc.teamtalk@ggc.scot.nhs.uk](mailto:ggc.teamtalk@ggc.scot.nhs.uk)

**Please discuss this briefing with your team.**