

Team Talk

Better Health • Better Care • Better Value • Better Workplace

April 2025

Better Health

It's stress awareness month in April.

Physical activity provides a range of physical, mental, and social benefits.

The NHSGGC Staff Walking Challenge focuses on being more active and collaborating with new or existing colleagues in a fun or new way to improve wellbeing.

Chat with your team about the benefits of walking and if you'd be interested in joining the challenge, [click here](#), or scan the QR code below for more info, and to register.



Emilia Crighton
Director of
Public Health



Better Care

From April 2025, the law around the [Protecting Vulnerable Groups \(PVG\) scheme](#) is changing, meaning most of our roles will now be legally classed as "regulated work." As a result, up to 9,000 of our staff who haven't needed PVG membership before will now need to join the scheme.

The PVG scheme helps ensure people working with vulnerable groups (protected adults and/or children) don't have a known history of harmful behaviour.

Please discuss the impact with your team and let them know HR will be in touch if their work is now classified as regulated work.



Natalie Smith
Interim Director of
Human Resources and OD



Better Workplace

Did you know we have a number of staff led equality groups that any of our employees can join?

These include our BME Network, LGBTQ+ Staff Forum and Staff Disability Forum. These groups provide a safe space to share experiences and influence change that fosters an inclusive environment. We welcome participation from all colleagues to enhance our organisational culture. Contact via ggc.staffexperience@nhs.scot or scan the QR code.



Natalie Smith
Interim Director of
Human Resources and OD



The Digital Skills and Literacy Programme (DSLP) at NHSGGC is a transformative initiative designed to close the digital gap and promote inclusive growth across all services. Whether you're part of clinical or non-clinical services, you can join the [Digital Champions Forum](#).

If you're the go-to tech person in your department, this is an opportunity to contribute to the digital transformation. Join us in making a difference!



Denise Brown
Director of
Digital Services



Team Talk – Questions to discuss with your manager



- How does this affect me?
- Where can I find more information?
- How can I get involved?

Do you have a suggestion for Team Talk?



Email: ggc.teamtalk@ggc.scot.nhs.uk

Please discuss this briefing with your team.