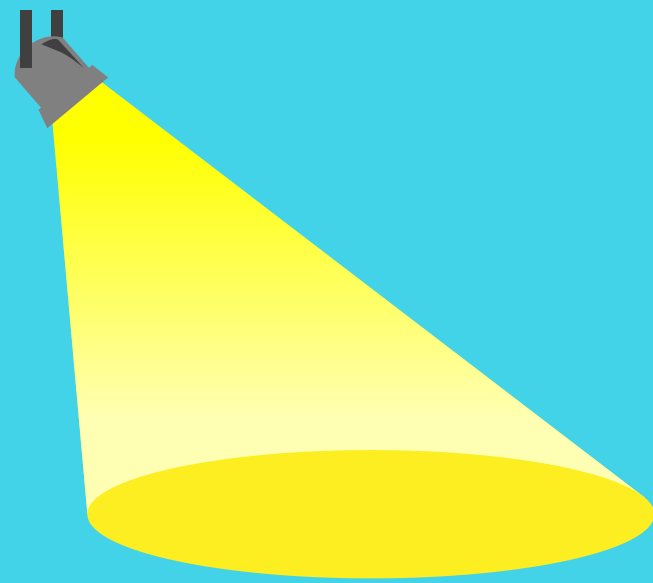


The NHS Greater Glasgow and Clyde Mental Health Improvement and Equalities Team



**"Shining a Spotlight
over the last six months"**

Welcome



We are delighted to welcome Vibha Gaikwad to the team as the new Health Improvement Senior – Mental Health Training

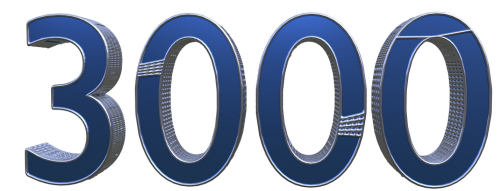


Celebrating Our Successes



5000

The number of times "Our World Mental Health Day Campaign" videos were watched. It is currently NHSGGC third most viewed video on their YouTube channel



3000

The number of participants who, to date have accessed our Scottish Association for Mental Health training courses



2

Poster abstracts accepted for NHS Education Scotland Annual Bereavement Conference 2021

Strategic Leadership

Continued extensive involvement in the implementation of prevention and allied section of NHS Greater Glasgow and Clyde 5 year Mental Health Services Strategy



Continued active involvement in the (national) Perinatal Mental Health (PNMH) Managed Clinical Network, NHSGGC Local Implementation Group and Equalities Sub Group

Co-chair National Public Mental Health Special Interest Group including organising joint national development sessions with Directors of Public Health and Public Health Scotland



Strategic Leadership



Active involvement in the NHSGG Digital Public Health Working Group

Continue to coordinate the Scottish UKPHR Public Health Practitioner Scheme for NHSGGC to support Health Improvement staff to become Registered Public Health Practitioners



Involved nationally in the 'Gold Standard Public Health - Developing a Future Vision for Health Improvement'

Campaigns

Extensive involvement in various mental health awareness campaigns, including National Grief Awareness Week, Anti-bullying Week, National Stress Awareness Day, World Suicide Prevention Day, and Youth Mental Health Day



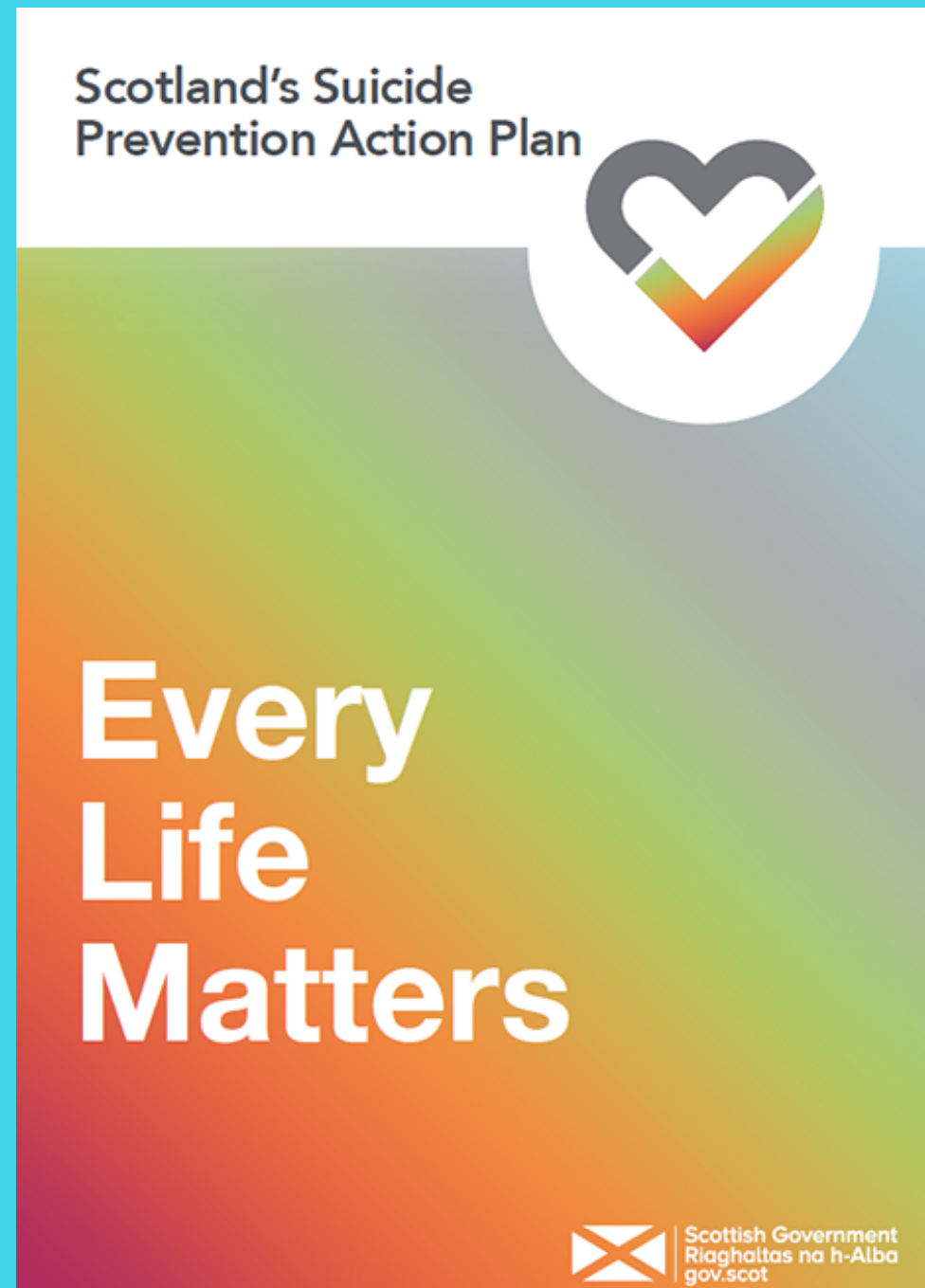
What would mental health
in an **equal** world look like?

Designed and broadcast a successful **#OurWorldOurWellbeing** campaign to mark COP26 – included an online event, social media campaign, and post-event report

Designed and delivered a successful mental health campaign, **#InAnEqualWorld**, as part of World Mental Health Day



Suicide Prevention



Ongoing active involvement in a range of suicide prevention activity across the life course

Chair the Youth and Young Adults group, a sub group of the NHSGGC Suicide Prevention Group

Continue to support policy and response work around suicide clusters

Continued provision of a range of online learning opportunities including Introduction to Suicide Awareness

Self Harm

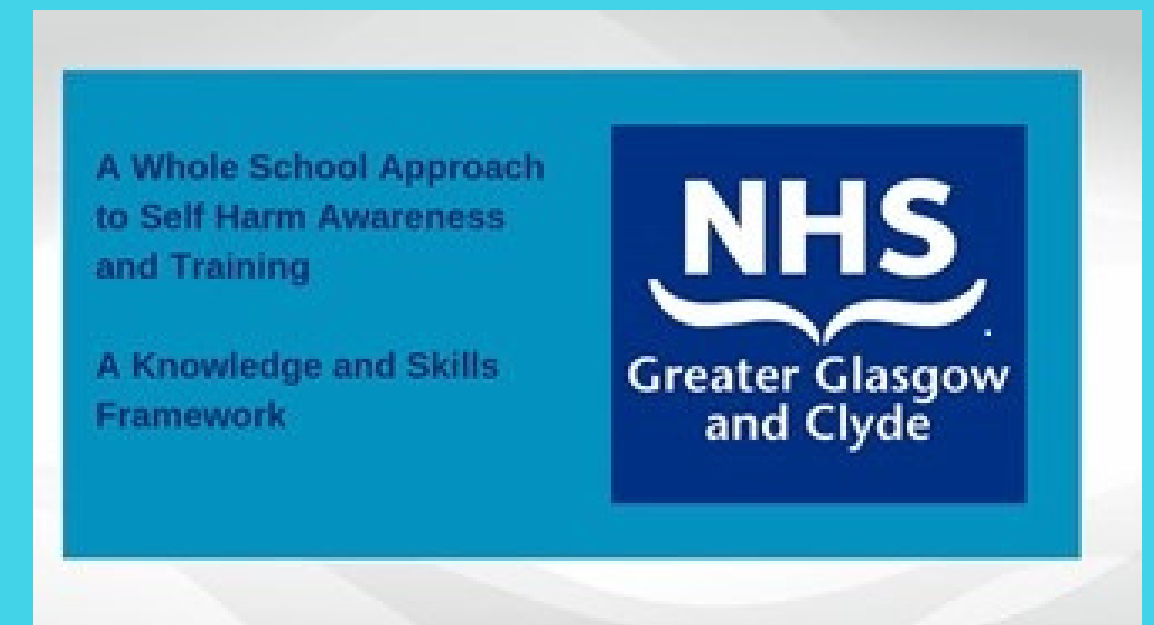


Continued active involvement in NHSGGC Self Harm forum including co-chair

Extensive involvement in the planning and delivery of What's the Harm: Self Harm Awareness and Skills Training for Trainers course to Education Staff across 5 HSCP's

Updated and re-designed our “A whole school approach to self harm awareness and training” resource

Active involvement in supporting the refresh development of Self Harm Policy at local HSCP level



Equalities

Continued membership of Employers Network for Equality and Inclusion Network



Glasgow HSCP took part in the Talent Inclusion and Diversity Evaluation (TIDE) Benchmarking tool and achieved a Bronze Award

Active involvement in two groups to enhance Equality Impact Assessment process within the Glasgow HSCP; EQIA Subgroup part of the GCHSCP Equalities Working Group & Domestic Abuse Strategy EQIA Working Group



Training and Capacity Building

Lead role in developing procedures to ensure a safe return to face to face training. This included completion of a robust risk assessment, a detailed Situation, Background, Assessment and Recommendations (SBAR) and associated recording templates

Process resulted in face to face training delivery, based on the approved risk assessment, carried out by Health Improvement staff from the GGC Self Harm forum who delivered the 'What's the Harm Self Harm Awareness and Skills Train the Trainer course

The learning and processes used for this are being considered by Learning and Development, Workforce Development and other sectors as basis for face to face training going forward



Training and Capacity Building

Continue to work with our commissioned service, Scottish Association of Mental Health (SAMH) to provide online learning opportunities to colleagues, partners and volunteers across GGC

Range of courses available; Introduction to Suicide Prevention, Maintaining Wellbeing, Building Resilience, and Mental Health in the Workplace, Mental Health Supporting Others and Mental Health Customer Care

Conducted staff survey to address emerging training needs and gaps. As a result two new courses; Hybrid Working and Looking After Your Wellbeing to be delivered in 2022



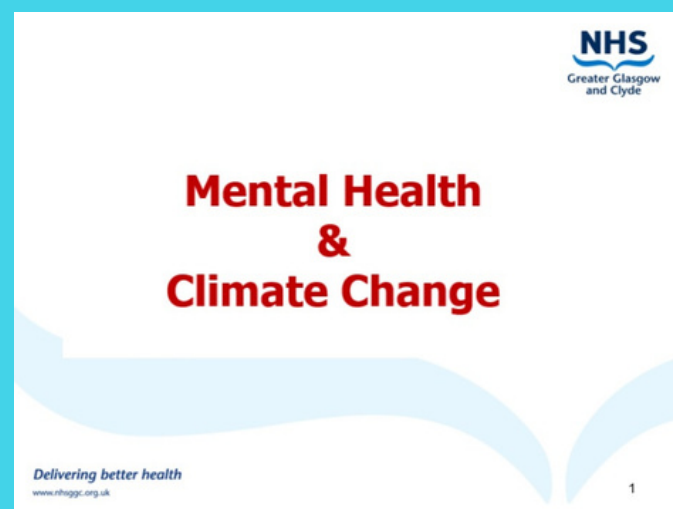
Training and Capacity Building



Funded **12** Adult Seasons for Growth Companions training places to support wider grief and bereavement agenda

Planned and facilitated a GGC Adult Companion Seasons for Growth Reconnector

Delivered a series of Understanding Paternal Mental Health training sessions across Greater Glasgow and Clyde



Developed and delivered a Climate Change and Mental Health series as part of COP 26

Digital Approaches



Developing a new partnership for Aye Mind

Supported with the initiation of an online harms/compassion campaign within Glasgow City HSCP.



Heads Up For good mental health

Working with NHSGGC colleagues to refresh Heads Up website

Supported with the development of a digital needs assessment for the Public Health Workforce



Anti-stigma



Funded **10** Anti-stigma projects for 2021-2022. Projects range from Create Paisley, Glasgow Disability Alliance, Greenock Morton, Hwupenyu, Move On, Teapot Trust, and Youth Interventions.

Collaborating with See Me to support the 10 organisations through Learning Sets and case study development

Contact Information



Please visit our [website](#) to find out more about the work our team do

If you have any queries please direct them through our Admin team at Mhead@ggc.scot.nhs.uk

