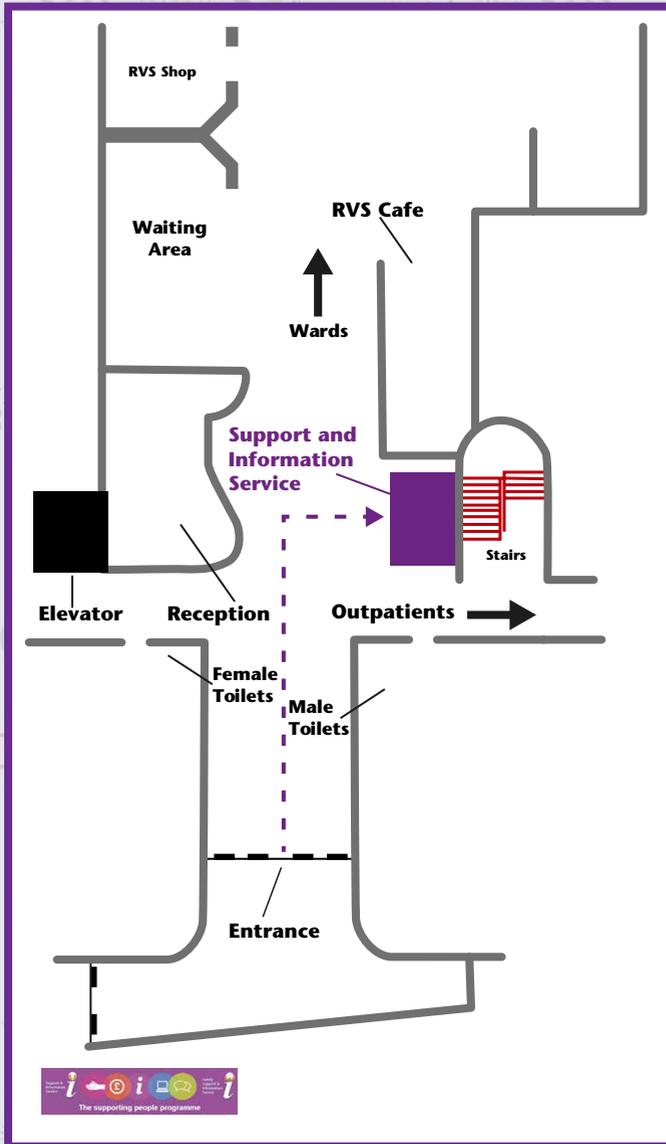


How to find us



We can provide

-  Support for carers
-  Money advice
-  Information
-  Internet access
-  A listening ear

Support and Information Service

Ground Floor, Royal Alexandra Hospital, Corsebar Road, Paisley PA2 9PN

Telephone: **0141 532 7378**
Email: **sis@ggc.scot.nhs.uk**

Also at:

Queen Elizabeth University Hospital

0141 452 2387

Glasgow Royal Infirmary

0141 531 9127

New Stobhill Hospital

0141 355 1527

New Victoria Hospital

0141 347 8468

Royal Alexandra Hospital



Support and Information Service

www.nhsggc.org.uk/sis

How to find us

Being in hospital can be a worrying time and the **Support and Information Service** is there to help.

Whether you are a patient, a carer, a family member or a member of staff, we offer a friendly, comfortable and confidential environment where there is time for you to ask questions and receive support on any matter that may be important to you or your family.



A service to suit you

Having the right information and support at the right time is essential.

We are working with a range of different partners to ensure our service meets your needs. Whether you are a patient, caring for someone or visiting a patient in hospital, we will find you the information and support that you need.

What we offer

We benefit from working with a wide range of partners to provide a variety of services hosted within our premises.

Our experienced team provide support, information & direct referrals to services that include:

- **Caring for relatives and friends**
- **Money advice**
- **Anxiety, stress and depression**
- **Health, lifestyle and well-being**
- **Stopping smoking**
- **Alcohol and drugs**
- **Physical activity**
- **Weight management**
- **Pet fostering**
- **Support groups and services**
- **Complaints and concerns about the NHS**



For more information on how we can help, drop in or contact us on **0141 532 7378**.

If it wasn't for your knowledge of the help and services that were available to my mum after her illness, we would still be in the dark.

Tracy Brown
(Carer)

The service has been a blessing to me in the past few months.

Helen Clarke
(Patient)

The Support & Information Service team really do go above and beyond for our patients and staff. They explore avenues we would never have known about.

Maria Smith
(Deputy Ward Manager)