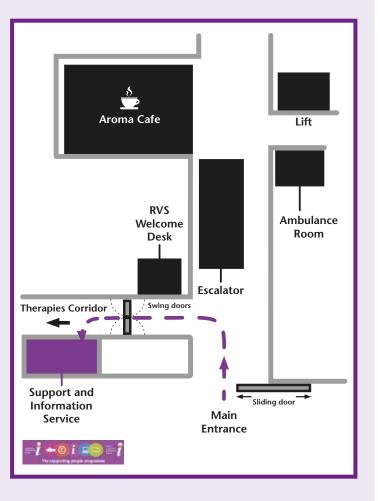
## How to find us



# We can provide



Support for carers



Money advice



Information



Internet access



A listening ear

# Support and Information Service

Ground Floor, Main Atrium New Victoria Hospital 52 Grange Road Glasgow G42 9LF

Telephone: **0141 347 8468** Email: **sis@ggc.scot.nhs.uk** 



#### Also at:

**Queen Elizabeth University Hospital** 

0141 452 2387

**New Stobhill Hospital** 

0141 355 1527





# New Victoria Hospital



# Support and Information Service

www.nhsggc.org.uk/sis

**The Supporting People Programme** 

## How to find us

Being in hospital can be a worrying time and the **Support and Information Service** is there to help.

Whether you are a patient, a carer, a family member or a member of staff, we offer a friendly, comfortable and confidential environment where there is time for you to ask questions and receive support on any matter that may be important to you or your family.



# A service to suit you

Having the right information and support at the right time is essential.

The 'one-stop shop' approach to our service makes health care more accessible to meet your needs.

Whether you are a patient, caring for someone, or visiting a patient in hospital, we will find you the information and support that you need.

#### What we offer

We benefit from working with a wide range of partners to provide a variety of services hosted within our premises.

Our experienced team provide support, information & direct referrals to services that include:

- Caring for relatives and friends
- Money advice
- Anxiety, stress and depression
- Health, lifestyle and well-being
- Stopping smoking
- Alcohol and drugs
- Physical activity
- Weight management
- Pet fostering
- Support groups and services
- Complaints and concerns about the NHS



For more information on how we can help, drop in or contact us on **0141 347 8468.** 

If it wasn't for your knowledge of the help and services that were available to my mum after her illness, we would still be in the dark.

Tracy Brown (Carer)

The service has been a blessing to me in the past few months.

Helen Clarke (Patient)

The Support & Information Service team really do go above and beyond for our patients and staff. They explore avenues we would never have known about.

Maria Smith (Deputy Ward Manager)