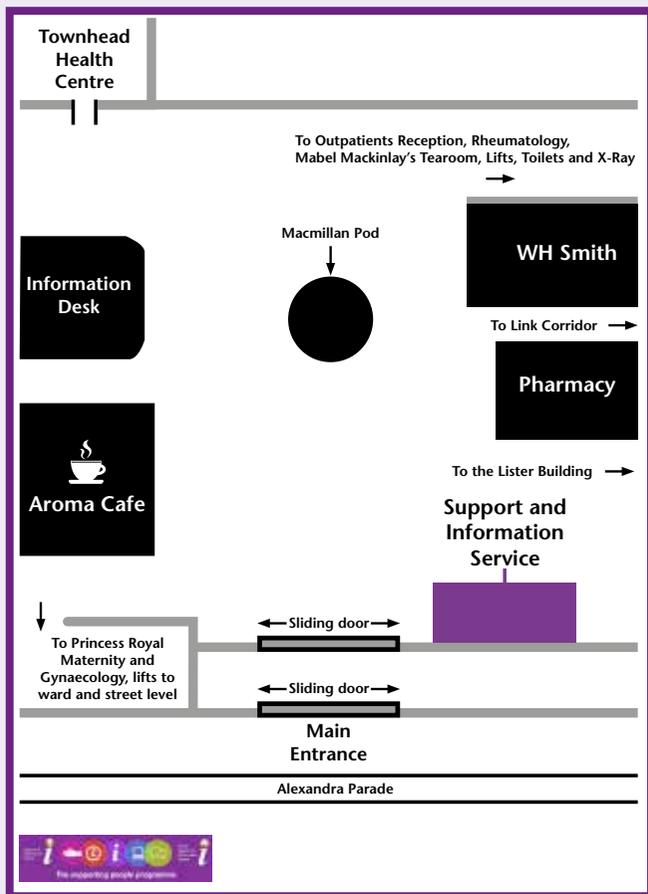


# How to find us



# We can provide

-  Support for carers
-  Money advice
-  Information
-  Internet access
-  A listening ear

## Support and Information Service

Queen Elizabeth Building,  
Alexandra Parade  
Glasgow Royal Infirmary  
Glasgow G4 0SF

Telephone: **0141 531 9127**  
Email: **sis@ggc.scot.nhs.uk**



## Also at:

**Queen Elizabeth University Hospital**

0141 452 2387

**New Stobhill Hospital**

0141 355 1527

**New Victoria Hospital**

0141 347 8468

**Royal Alexandra Hospital**

0141 532 7378

# Glasgow Royal Infirmary



# Support and Information Service

[www.nhsggc.org.uk/sis](http://www.nhsggc.org.uk/sis)

## Who we are

Being in hospital can be a worrying time and the **Support and Information Service** is there to help.

Whether you are a patient, a carer, a family member or a member of staff, we offer a friendly, comfortable and confidential environment where there is time for you to ask questions and receive support on any matter that may be important to you or your family.



## A service to suit you

Having the right information and support at the right time is essential.

The 'one-stop shop' approach to our service makes health care more accessible to meet your needs.

Whether you are a patient, caring for someone, or visiting a patient in hospital, we will find you the information and support that you need.

## What we offer

We benefit from working with a wide range of partners to provide a variety of services hosted within our premises.

Our experienced team provide support, information & direct referrals to services that include:

- **Caring for relatives and friends**
- **Money advice**
- **Anxiety, stress and depression**
- **Health, lifestyle and well-being**
- **Stopping smoking**
- **Alcohol and drugs**
- **Physical activity**
- **Weight management**
- **Pet fostering**
- **Support groups and services**
- **Complaints and concerns about the NHS**



For more information on how we can help, drop in or contact us on **0141 531 9127**.

**If it wasn't for your knowledge of the help and services that were available to my mum after her illness, we would still be in the dark.**

**Tracy Brown**  
(Carer)

**The service has been a blessing to me in the past few months.**

**Helen Clarke**  
(Patient)

**The Support & Information Service team really do go above and beyond for our patients and staff. They explore avenues we would never have known about.**

**Maria Smith**  
(Deputy Ward Manager)