

Suicide Prevention Week 2023

Building Capacity



Suicide Prevention is everyone's business and training forms a significant part of preventing suicides. Our infographic provides a snapshot of some of the activity the NHSGGC Mental Health Improvement Team have been driving forward to help build Suicide Prevention Capacity during 2022-2023.



Funded places for **8** Applied Suicide Intervention and Skills Trainers in 2023.



Participants attended our commissioned **Applied Suicide Intervention Skills** training course 2022-2023.



Participants attended our commissioned **Scottish Mental Health First Aid (Adults)** training course 2022 -2023.



Participants attended a **Self-harm Introduction session** and/or our 1 day **What's the Harm Self-harm Awareness and Skills** Training course during 2023.

In partnership with our **Scottish Association for Mental Health** colleagues, we have provided a range of online learning opportunities to help build Suicide Prevention Capacity. Since 2020 there have been:



Introduction to Suicide Prevention Training Sessions delivered across NHSGGC.



Participants from a range of disciplines (Health, Social Work, Housing, Employment, Third Sector) attended the Introduction to Suicide Prevention training.