

Suicide Prevention

Building Capacity across NHS
Greater Glasgow and Clyde in
partnership with the Scottish Association for Mental Health



Scotland's new approach to suicide prevention needs all of us – visit

unitedtopreventsuicide.org.uk

to find out how you can get involved.

Introduction to Suicide Prevention

The NHS Greater Glasgow and Clyde Mental Health Improvement Team continue to work with the Scottish Association of Mental Health, who have been commissioned to provide online learning opportunities to colleagues, partners and volunteers across GGC.



An **Introduction To Suicide Prevention** is

one of the many courses on offer. The course aims to help participants:

- Achieve a deeper insight into current prevalence and statistics around suicide
- Spot signs which may be associated with suicide, and discuss helpful questions which clarify suicide
- Identify the power of listening and the importance of signposting as a key element for support
- Understand the importance of keeping yourself safe

Results

69

Introduction to Suicide Prevention Training Sessions have been delivered across NHSGGC from September 2020 - June 2022

690

Participants from a range of disciplines attended the Introduction to Suicide Prevention training (Health, Social Work, Housing, Employment, Third Sector)

Participant Feedback



"Very practical approach, how to break down barriers when approaching subject of suicide"

"Very useful on many levels, as have no experience in this field"

"It helped me understand how to open up the conversation around thoughts of suicide"