Strength and Balance Workshop
Thursday 6th November - 9.30am - 2.30pm
Erskine Care Home
Bishopton
PA7 5PU"> Strength and Balance Workshop
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(i) Mandatory questions are marked with an asterisk (\*)

1. Contact informati	on	
First name *		
Last name *		
Mobile		
Email *		
Care Home *		
HSCP		
Job role *		
If you have any additional	accessibility requirements please let us ki	know below.

## 2. How did you hear about the event?

O Website
Through CAPA newsletter
O Flyer
Manager Manager
CHC Newsletter
O Twitter
Other
Please complete the pre course intended learning outcomes below. This helps us understand where people are and how best to meet participants needs. Thank you
3. Have you attended any of the previous meaningful activity network meetings? *
O Yes
O No
If yes, please would you tell us what you know about it.
4. Have you used any resources/links from our previous sessions? *
5. What do you want to learn from this network? *

6. Are you currently using any digital resources to promote physical activity in your care home?
<ul><li>✓ Yes</li><li>✓ No</li></ul>
7. If yes, please provide details:
8. Would you be interested in implementing a strength and balance program in your care home?
<ul><li>✓ Yes</li><li>✓ No</li></ul>
9. Please provide your email address if you consent to join our mailing list?