

NHS Greater Glasgow & Clyde Immunology and Neuroimmunology		
LI_IAUTO_1	Routine Allergen List	Version: 7
Author: Lauren Hennessy	Authoriser: Fran Henriquez	Date of Issue: 07/10/2025

Please note that all allergens on this routine allergen list are available to both NHS GGC and external users (subject to the T&C's that can be found via our webpage: www.nhsggc.scot/inilab)



AVAILABLE ALLERGENS (specific IgE) - by type

Aeroallergens

Aspergillus fumigatus (m3)	Grass pollen mix* (gx3)	Rabbit epithelium (e82)
Birch (silver) pollen (t3)	Guinea pig epithelium (e6)	Rat epithelium,serum,urine (e87)
Candida albicans (m5)	Hamster epithelium (e84)	Tree pollen mix* (tx8)
Cat epithelium&dander (e1)	Horse dander (e3)	Weed pollen mix* (wx3)
Cow dander (e4)	House dust mite (d1)	
Dog dander (e5)	Mould mix* (mx1)	
Feathers, caged bird mix* (ex72)	Mouse epithelium,serum,urine (e88)	
Feathers, poultry mix* (ex71)		

Food allergens - animal origin (dairy, egg, meat)

Alpha-Gal (galactose alpha-1,3- galactose)** (o215)	Egg white (f1)	Milk (f2)
Beef (f27)	Egg yolk (f75)	Pork (f26)
Cheese, cheddar (f81)	Food mix* (fx5)	
Chicken (f83)	Gelatin (c74)	

Food allergens - seafood

Cod (f3)	Oyster (f290)	Shrimp (f24)
Crab (f23)	Salmon (f41)	Tuna (f40)
Food mix* (fx5)	Scallop (f338)	
Mussel, blue (f37)	Seafood mix* (fx2)	

Food allergens - plant origin

Almond (f20)	Kiwi fruit (f84)	Pistachio (f203)
Apple (f49)	Lemon (f208)	Poppy seed (f224)
Avocado (f96)	Lentil (f235)	Potato (f35)
Banana (f92)	Lupin (f335)	Rape seed (f316)
Barley (f6)	Maize (f8)	Raspberry (f343)
Black pepper (f280) - Piper nigrum, also known as black peppercorn	Mango (f91)	Rice (f9)
Brazil nut (f18)	Melon (f87)	Rye (f5)
Buckwheat (f11)	Mushroom (f212)	Sesame seed (f10)
Cacao (f93)	Mustard (f89)	Silver Birch (t3)
Carrot (f31)	Oat (f7)	Soya bean (f14)
Cashew nut (f202)	Omega-5 gliadin** (f416)	Spice mix* (fx71)
Celery (f85)	Onion (f48)	Strawberry (f44)
Chick pea (f309)	Orange (f33)	Sunflower seed (k84)
Coconut (f36)	Paprika / Sweet pepper (f218) - Capsicum annuum, includes pimento, paprika, Green & Red Bell pepper, Hungarian pepper and scotch bonnet chilli	Tomato (f25)
Coriander (f317)	Pea (f12)	Vanilla (f234)
Food mix* (fx5)	Peach (f95)	Walnut (f256)
Garlic (f47)	Peanut (f13)	Wheat (f4)
Ginger (f270)	Pear (f94)	White bean (f15)
Grape (f259)	Pecan (f201)	
Green peppercorn (f263) - piper nigrum. Unripe black peppercorn (NOT the unrelated green bell pepper)	Pine nut (f253)	
Hazel nut (f17)	Pineapple (f210)	

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Other allergens - drugs, latex, venoms, miscellaneous

Amoxycillin (c6)	Formaldehyde/formalin (k80)	Suxamethonium (c202)
Ampicilloyl (c5)	Gelatin (c74)	Wasp venom (i3)
Bee (honey) venom (i1)	Latex (k82)	
Cefaclor (c7)	Penicilloyl G & V (c1 & c2)	
Chlorhexadine (c8)	Seminal fluid (o70)	

Mixes*

Feathers, caged bird mix (ex72)	Budgerigar , Canary, Parakeet, Parrot, Finch feathers	
Feathers, poultry mix (ex71)	Goose, Chicken, Duck, Turkey feathers	
Food mix (fx5)	Egg white, Milk, Cod, Soybean, Peanut, Wheat	
Grass pollen mix (gx3)	Sweet vernal, Rye, Timothy, Cultivated rye, Velvet grass	
Mould mix (mx1)	<i>Penicillium chrysogenum (P.notatum)</i> , <i>Cladosporium herbarum</i> , <i>Aspergillus fumigatus</i> , <i>Alternaria alternata</i>	
Seafood mix (fx2)	Cod, Shrimp, Blue mussel, Tuna, Salmon	
Spice mix (fx71)	Caraway, Mace, Cardamom, Clove	
Tree pollen mix (tx8)	Box-elder,Common silver birch, Hazel, Oak, Maple leaf sycamore - London plane	
Weed pollen mix (wx3)	Mugwort, Plantain (English) - Ribwort, Goosefoot - Lamb's Quarter, Goldenrod, Nettle	

Allergen components** (additional allergen components are available BUT only for GGC Anaphylaxis Service - See Specialist Allergen Component List)

Alpha-Gal (galactose alpha-1,3- galactose) (o215)	Omega-5 gliadin (f416)	
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For further information please contact Immunology:

- Email: ggc.immunology.labs@nhs.scot
- Phone: 0141 347 8872 (external) or ext 68872 (internal)
- Please note that all allergens on this list are available to both NHS GGC and external users (subject to the T&C’s that can be found via our webpage: www.nhsggc.scot/inilab)