

## Are there any specific restrictions in place?

There are extra restrictions on using and charging of e-cigarettes in these areas:

- Forensic Units (low and medium secure Mental Health Units)
- Intensive Psychiatric Care Units (IPCU)

Further information on charging e-cigarettes will be available from the nurse-in-charge.

Some other areas in Mental Health units may wish to purchase central charging and storage equipment for safety reasons.



Smokefree Services are available in your local community, every pharmacy and hospital.

Smokefree Services Guarantee:

- A personalised stop smoking plan unique to you
- Best tried and tested way to quit
- Free Nicotine Replacement Therapy (NRT) or Champix
- Friendly support from highly skilled advisors

 [www.nhsggc.org.uk/  
smokefreeservices](http://www.nhsggc.org.uk/smokefreeservices)

 [facebook.com/  
nhsggcsmokefreeservices](https://facebook.com/nhsggcsmokefreeservices)

 Smokeline 0800 84 84 84

## NHS Greater Glasgow & Clyde Smokefree Policy

Guidance on the use  
of electronic cigarettes  
(e-cigarettes)



## What is an electronic cigarette?

An electronic cigarette (e-cigarette) is a battery-powered device which heats a liquid into a vapour, which the user then inhales.



## Where can I use an e-cigarette?

E-cigarette use (vaping) is allowed in all grounds. Please do not use them at hospitals entrances and exits.

## Are e-cigarettes safe?

E-cigarettes do not contain tobacco. Studies have found them to be safer than smoking.

E-cigarettes are still quite a new product so we don't know if there will be any impact on the health of people who use them over a long period.

## Which types of e-cigarettes can be used?

All types of e-cigarettes can be used (disposable, refillable and tank models)



## Can I use an e-cigarette in a ward or somewhere inside the building?

No – you can only use them outside in the grounds.

## Who can use e-cigarettes?

- Patients
- Visitors
- Staff – only during designated breaks

## General safety of e-cigarettes

All e-cigarettes must be charged, refilled and used in accordance with the manufacturer's instructions.

- Remove all chargers from the electrical socket as soon as the e-cigarette is fully charged.
- Only use chargers that come with the device and follow the manufacturer's instructions.
- Do not leave e-cigarettes, liquids and chargers unsupervised, especially in areas where babies are present.

## Charging e-cigarettes in NHS buildings

We have Health and Safety standards. Safety checks are very important. E-cigarettes and chargers **should not be used** until the safety checks have been completed.

- All chargers must be PAT (Portable Appliance Test) tested before use to ensure they are electrically safe. If PAT testing is not available, you cannot use the charger.
- During stays in our acute hospitals (general and psychiatric) PAT testing will not be possible. In this case, you cannot use chargers on NHS premises.
- Patients are responsible for the safe-keeping of their own e-cigarette and equipment, except when they have been removed.