



## Free Online Communication Skills Workshops

**SAGE & THYME workshops** support all clinical and non-clinical staff in using the evidence-based skills required to provide person-centred support to people with emotional concerns or worries. Using a memorable structure each **2 hour 45 minutes** online workshop reminds staff how to listen, and how to respond to distress in a way which empowers the patient. The workshops discourage staff from 'fixing' and demonstrates how to work with the patient's own ideas and solutions first.

Each workshop uses a mixture of small group work, lectures and videos.

To register for a SAGE & THYME workshop participants must:

- Work in Health or Social Care (for example work in a Hospital, Health and Social Care Partnership, Care Home or Hospice setting)
- Have individual access to a PC/Laptop/Tablet with a camera and microphone for the full duration of the workshop. **Smartphones are not suitable.**

Workshop dates:		Workshop times:
Tuesday	16 <sup>th</sup> January 2024	0930 - 1215 hrs
Wednesday	14 <sup>th</sup> February 2024	0930 - 1215 hrs
Monday	4 <sup>th</sup> March 2024	1300 - 1545 hrs
Thursday	28 <sup>th</sup> March 2024	0930 - 1215 hrs
Tuesday	9 <sup>th</sup> April 2024	0930 - 1215 hrs
Monday	29 <sup>th</sup> April 2024	0930 – 1215 hrs
Thursday	2 <sup>nd</sup> May 2024	1300 - 1545 hrs
Tuesday	28 <sup>th</sup> May 2024	0930 - 1215 hrs
Thursday	20 <sup>th</sup> June 2024	0930 - 1215 hrs

Booking Instructions:

- **NHS staff:** All staff are required to book via the eESS system. Please ensure that your email address on eESS is up to date and that you have sought line manager approval to attend the workshop. [Click here](#)
- **Non-NHS staff:** To book please email [PalliativeCare@ggc.scot.nhs.uk](mailto:PalliativeCare@ggc.scot.nhs.uk) stating full name, job title, contact email, work location and preferred workshop date. Following this, you will receive an email confirming your place if space available.

For further information please contact: [PalliativeCare@ggc.scot.nhs.uk](mailto:PalliativeCare@ggc.scot.nhs.uk)

For issues surrounding logging into eESS please contact: [HR & L&E Home Page](#)