



Free Online Communication Skills Workshops

SAGE & THYME workshops support all clinical and non-clinical staff in using the evidence-based skills required to provide person-centred support to people with emotional concerns or worries. Using a memorable structure each **2 hour 45 minutes** online workshop reminds staff how to listen, and how to respond to distress in a way which empowers the patient. The workshops discourage staff from ‘fixing’ and demonstrate how to work with the patient’s own ideas and solutions first.

Each workshop uses a mixture of small group work, lectures and videos.

To register for a SAGE & THYME workshop participants must:

- Work in Health or Social Care (for example work in a Hospital, Health and Social Care Partnership, Care Home or Hospice setting)
- Have individual access to a PC/Laptop/Tablet with a camera and microphone for the full duration of the workshop. **Smartphones are not suitable.**

Workshop dates:		Workshop times:
Thursday	4 th May 2023	0930-1215hrs
Tuesday	23 rd May 2023	0930-1215hrs
Monday	19 th June 2023	0930-1215hrs
Thursday	22 nd June 2023	0930-1215hrs
Thursday	13 th July 2023	1300-1545hrs
Monday	31 st July 2023	1300-1545hrs
Wednesday	16 th August 2023	0930-1215hrs
Thursday	31 st August 2023	1300-1545hrs

Booking Instructions:

- **NHS staff:** All staff are required to book via the eESS system. Please ensure that your email address on eESS is up to date and that you have sought line manager approval to attend the workshop. [Click Here to Book](#)
- **Non-NHS staff:** To book please email PallCarePracticeDev@ggc.scot.nhs.uk stating full name, job title, contact email, work location and preferred workshop date. Following this, you will receive an email confirming your place if space available.

For further information please contact: PallCarePracticeDev@ggc.scot.nhs.uk

For issues surrounding logging into eESS please contact: [HR & L&E Home Page](#)