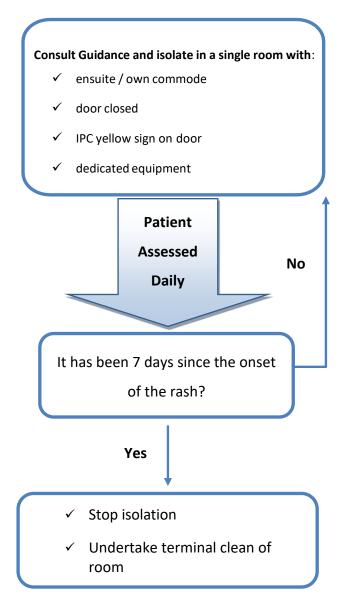
<b>NHS</b> Greater Glasgow and Clyde	NHS GREATER GLASGOW & CLYDE Control of Infection Committee	Effective From	Dec 2022
	<b>RUBELLA</b> AIDE MEMOIRE	Review Date	Dec 2024
		Version	7
The most up-to-date version of this guidance can be viewed at the following web page: <a href="http://www.nhsggc.scot/hospitals-services/services-a-to-z/infection-prevention-and-control">www.nhsggc.scot/hospitals-services/services-a-to-z/infection-prevention-and-control</a>			

## Aide Memoire – Rubella



## Guidance – Guidelines for patients in isolation:

Hand Hygiene: Liquid Soap and Water or alcohol based hand rub

**PPE:** A Fluid Resistant Surgical Mask (FRSM), a disposable yellow plastic apron and gloves should be worn for all routine care of the patient.

For AGPs, a FFP3 mask, full face shield, fluid repellent gown and gloves must be worn during the AGPs and for the post AGP fallow time. Fallow time is dependent on ventilation air changes within the room. <u>Appendix 17 AGPs and Fallow Time (scot.nhs.uk)</u>.

Patient Environment: Twice daily chlorine clean

**Patient Equipment:** Chlorine clean after use and at least on a twice daily basis

Laundry: Treat as infected

Waste: Dispose of as Clinical / Healthcare waste

Incubation Period: 14 – 21 days

**<u>Period of Communicability:</u>** 7 days before, until 7 days after the onset of rash.

Notifiable Disease: Yes

Transmission Route: Droplet

<u>Symptoms:</u> can include rash (starting on face and moving across trunk to limbs); sore throat; fever; conjunctivitis; lymphadenopathy and arthralgia.

The most up-to-date version of this guidance can be viewed at the following web page: www.nhsggc.scot/hospitals-services/services-a-to-z/infection-prevention-and-control