

NHS GREATER GLASGOW & CLYDE BOARD INFECTION CONTROL COMMITTEE Review Dec 2024 Date AIDE MEMOIRE Per 2022 From Review Date Version 7

The most up-to-date version of this guidance can be viewed at the following web page: www.nhsggc.scot/hospitals-services/services-a-to-z/infection-prevention-and-control

Aide Memoire - Rubella

Consult Guidance and isolate in a single room with:

- ✓ ensuite / own commode
- √ door closed
- ✓ IPC yellow sign on door
- √ dedicated equipment

Patient
Assessed
Daily

It has been 7 days since the onset
of the rash?

Yes

- ✓ Stop isolation
- Undertake terminal clean of room

Guidance – Guidelines for patients in isolation:

<u>Hand Hygiene:</u> Liquid Soap and Water or alcohol based hand rub

PPE: A Fluid Resistant Surgical Mask (FRSM), a disposable yellow plastic apron and gloves should be worn for all routine care of the patient.

For AGPs, a FFP3 mask, full face shield, fluid repellent gown and gloves must be worn during the AGPs and for the post AGP fallow time. Fallow time is dependent on ventilation air changes within the room. <u>Appendix 17 AGPs and Fallow Time</u> (scot.nhs.uk).

<u>Patient Environment:</u> Twice daily chlorine clean

<u>Patient Equipment:</u> Chlorine clean after use and at least on a twice daily basis

Laundry: Treat as infected

Waste: Dispose of as Clinical / Healthcare waste

Incubation Period: 14 – 21 days

<u>Period of Communicability:</u> 7 days before, until 7 days after the onset of rash.

Notifiable Disease: Yes

Transmission Route: Droplet

Symptoms: can include rash (starting on face and moving across trunk to limbs); sore throat; fever; conjunctivitis; lymphadenopathy and arthralgia.