Glasgow Health Board, QEUH, Oral (and Maxillo-Facial) surgery, RS18 Head & Neck Trainee 2 (4) Feb 2016 CB, STR, Non Resident.

Band 2B (Based on template only)

Steps through the banding flowchart:

 - New Deal Compliant

 - Average work above 48 hours a week

 - Work pattern is a full shift, partial shift or hybrid

 - Less than 1/3 of duty hours outside 7am to 7pm Mon-Fri (.228) and less than 1 weekend in 3 (1 in 5.50)

Riddell Formula Calculations

Prospective cover for: Duties outside normal hours.

Leave: STR - 70 days/annum for 11 doctors = 770 days/annum

Total leave to be covered for the group = 770 days/annum

Between 11 doctors this is 70 days/annum each (14 wks/annum each)

Number of hours in a leave week = 47.5 (the hours in the normal working week)

For every leave day in the pattern, 09:30 hours has been added to the duty and work hours

(This figure is a fifth of the hours in a leave week)

Riddell hours = (Wkly hrs\*52 - Hol Wks\*Hrs in leave wk)/(52-Hol wks)

Riddell duty hours = ( 3013.64\*52 - 14 \* 2850)/(52 - 14) = 3073.92 = 51:14

Riddell work hours = ( 2894\*52 - 14 \* 2850)/(52 - 14) = 2910.21 = 48:30

New Deal Analysis

|  |  |  |  |
| --- | --- | --- | --- |
| Item | Actual | Target | Comments |
| Average weekly hours of duty | 51:14 | 57:16 |  |
| Average weekly hours of work | 48:30 | 56:00 |  |
| Longest duty (Partial) | 12:30 | 16:00 |  |
| Longest duty (Full Shift) | 13:00 | 14:00 |  |
| Shortest off duty | 11:30 | 08:00 |  |
| Longest 'off duty' period | 83:00 | 62:00 |  |
| Next longest 'off duty' period | 75:00 | 48:00 |  |
| Maximum consecutive duty days |  7 | 13 |  |
| 62+48 hr. breaks every 28 days | OK |  |  |
| Ave tot rest wkday (Partial) | 03:08 | 03:08 | (25% of out of hours duty) |
| Ave tot rest wkend (Partial) | 03:08 | 03:08 | (25% of out of hours duty) |
| % of duties with adequate rest |  100 | 75 |  |

European Working Time Directive Analysis

|  |  |  |  |
| --- | --- | --- | --- |
| Item | Actual | Target | Comments |
| Average weekly hours of work | 46:30 | 48:00 | As per CEL 14 (2009) Calculation |
| Starting each Monday, a 35 hour continuous rest in 7 days or a 59 hour continuous rest in 14 days | OK |  |  |
| 11 hrs continuous rest in any 24 hour period | OK |  |  |

Template work pattern

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Wk | Mon | Tue | Wed | Thu | Fri | Sat | Sun |
| 1 | Zero Hours | C: H&N LD08:00 21:00 | I: TRAINEE 213:00 17:30 | J: TRAINEE 208:00 17:30 | K: TRAINEE 208:00 17:30 |  |  |
| 2 | H: TRAINEE 208:00 17:30 | C: H&N LD08:00 21:00 | I: TRAINEE 213:00 17:30 | J: TRAINEE 208:00 17:30 | K: TRAINEE 208:00 17:30 |  |  |
| 3 | B: Night20:30 09:00 | B: Night20:30 09:00 | B: Night20:30 09:00 | B: Night20:30 09:00 | Zero Hours |  |  |
| 4 | H: TRAINEE 208:00 17:30 | C: H&N LD08:00 21:00 | I: TRAINEE 213:00 17:30 | J: TRAINEE 208:00 17:30 | B: Night20:30 09:00 | B: Night20:30 09:00 | B: Night20:30 09:00 |
| 5 | Zero Hours | H: TRAINEE 208:00 17:30 | I: TRAINEE 213:00 17:30 | J: TRAINEE 208:00 17:30 | K: TRAINEE 208:00 17:30 |  |  |
| 6 | H: TRAINEE 208:00 17:30 | C: H&N LD08:00 21:00 | I: TRAINEE 213:00 17:30 | J: TRAINEE 208:00 17:30 | K: TRAINEE 208:00 17:30 |  |  |
| 7 | M: TRAINEE 308:00 17:30 | N: TRAINEE 308:00 17:30 | O: TRAINEE 308:00 17:30 | C: H&N LD08:00 21:00 | I: TRAINEE 213:00 17:30 |  |  |
| 8 | M: TRAINEE 308:00 17:30 | N: TRAINEE 308:00 17:30 | O: TRAINEE 308:00 17:30 | C: H&N LD08:00 21:00 | I: TRAINEE 213:00 17:30 |  |  |
| 9 | M: TRAINEE 308:00 17:30 | N: TRAINEE 308:00 17:30 | O: TRAINEE 308:00 17:30 | C: H&N LD08:00 21:00 | I: TRAINEE 213:00 17:30 |  |  |
| 10 | A: Long Day08:30 21:00 | A: Long Day08:30 21:00 | A: Long Day08:30 21:00 | A: Long Day08:30 21:00 | Zero Hours |  |  |
| 11 | M: TRAINEE 308:00 17:30 | N: TRAINEE 308:00 17:30 | O: TRAINEE 308:00 17:30 | C: H&N LD08:00 21:00 | A: Long Day08:30 21:00 | A: Long Day08:30 21:00 | A: Long Day08:30 21:00 |

Template on call duties

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Name | Intensity | Resident | Start | End | Rest | Hours | Num of Diary Cards | Ave Start | Ave End | Ave Rest | Ave Hours |
| A: Long Day | Full Shift | Yes | 08:30 | 21:00 | 00:00 | 12:30 | 0 |  |  |  |  |
| B: Night | Partial Shift | No | 20:30 | 09:00 | 03:08 | 12:30 | 0 |  |  |  |  |
| C: H&N LD | Full Shift | Yes | 08:00 | 21:00 | 00:00 | 13:00 | 0 |  |  |  |  |
| D: TRAINEE 1 | Full Shift | Yes | 13:30 | 17:00 | 00:00 | 03:30 | 0 |  |  |  |  |
| E: TRAINEE 1 | Full Shift | Yes | 08:00 | 17:30 | 00:00 | 09:30 | 0 |  |  |  |  |
| F: TRAINEE 1 | Full Shift | Yes | 08:00 | 17:00 | 00:00 | 09:00 | 0 |  |  |  |  |
| G: TRAINEE 1 | Full Shift | Yes | 08:00 | 17:30 | 00:00 | 09:30 | 0 |  |  |  |  |
| H: TRAINEE 2 | Full Shift | Yes | 08:00 | 17:30 | 00:00 | 09:30 | 0 |  |  |  |  |
| I: TRAINEE 2 | Full Shift | Yes | 13:00 | 17:30 | 00:00 | 04:30 | 0 |  |  |  |  |
| J: TRAINEE 2 | Full Shift | Yes | 08:00 | 17:30 | 00:00 | 09:30 | 0 |  |  |  |  |
| K: TRAINEE 2 | Full Shift | Yes | 08:00 | 17:30 | 00:00 | 09:30 | 0 |  |  |  |  |
| M: TRAINEE 3 | Full Shift | Yes | 08:00 | 17:30 | 00:00 | 09:30 | 0 |  |  |  |  |
| N: TRAINEE 3 | Full Shift | Yes | 08:00 | 17:30 | 00:00 | 09:30 | 0 |  |  |  |  |
| O: TRAINEE 3 | Full Shift | Yes | 08:00 | 17:30 | 00:00 | 09:30 | 0 |  |  |  |  |

**New Deal / WTR Footnote**

This Full / Partial Shift rota has been checked and complies with the limits of the New Deal Contract for Training Grade Doctors.

On-going compliance relies on start and finish times being adhered to, natural breaks being achieved as per HDL 2003\_10 during the Full Shifts and all other New Deal limits being met.

During the Partial Shifts, 25% of the out of hours time is required as rest and should be achieved on at least 75% of occasions.

This rota also complies with the limits of the Working Time Regulations, including the 48 hour working week.

Riddell is included for all leave.

Daniel MacDonald

**Programme Director**

**23rd January 2016.**

Glasgow Health Board, QEUH, Oral (and Maxillo-Facial) surgery, **RS19** Trauma/Def/Cleft/Craniofacial (5) Feb 2016 CB, STR, Non Resident.

**Band 2B** (Based on template only)

Steps through the banding flowchart:

 - New Deal Compliant

 - Average work above 48 hours a week

 - Work pattern is a full shift, partial shift or hybrid

 - Less than 1/3 of duty hours outside 7am to 7pm Mon-Fri (.194) and less than 1 weekend in 3 (1 in 5.50)

Riddell Formula Calculations

Prospective cover for: Duties outside normal hours.

Leave: STR - 70 days/annum for 11 doctors = 770 days/annum

Total leave to be covered for the group = 770 days/annum

Between 11 doctors this is 70 days/annum each (14 wks/annum each)

Number of hours in a leave week = 47.5 (the hours in the normal working week)

For every leave day in the pattern, 09:30 hours has been added to the duty and work hours

(This figure is a fifth of the hours in a leave week)

Riddell hours = (Wkly hrs\*52 - Hol Wks\*Hrs in leave wk)/(52-Hol wks)

Riddell duty hours = ( 3079.09\*52 - 14 \* 2850)/(52 - 14) = 3163.49 = 52:43

Riddell work hours = ( 2959.46\*52 - 14 \* 2850)/(52 - 14) = 2999.78 = 50:00

New Deal Analysis

|  |  |  |  |
| --- | --- | --- | --- |
| Item | Actual | Target | Comments |
| Average weekly hours of duty | 52:43 | 60:00 |  |
| Average weekly hours of work | 50:00 | 56:00 |  |
| Longest duty (Partial) | 12:30 | 16:00 |  |
| Longest duty (Full Shift) | 12:30 | 14:00 |  |
| Shortest off duty | 11:30 | 08:00 |  |
| Longest 'off duty' period | 83:00 | 62:00 |  |
| Next longest 'off duty' period | 75:00 | 48:00 |  |
| Maximum consecutive duty days |  7 | 13 |  |
| 62+48 hr. breaks every 28 days | OK |  |  |
| Ave tot rest wkday (Partial) | 03:08 | 03:08 | (25% of out of hours duty) |
| Ave tot rest wkend (Partial) | 03:08 | 03:08 | (25% of out of hours duty) |
| % of duties with adequate rest |  100 | 75 |  |

European Working Time Directive Analysis

|  |  |  |  |
| --- | --- | --- | --- |
| Item | Actual | Target | Comments |
| Average weekly hours of work | 47:35 | 48:00 | As per CEL 14 (2009) Calculation |
| Starting each Monday, a 35 hour continuous rest in 7 days or a 59 hour continuous rest in 14 days | OK |  |  |
| 11 hrs continuous rest in any 24 hour period | OK |  |  |

Template work pattern

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Wk | Mon | Tue | Wed | Thu | Fri | Sat | Sun |
| 1 | C: Long Day08:30 21:00 | C: Long Day08:30 21:00 | C: Long Day08:30 21:00 | C: Long Day08:30 21:00 | Zero Hours |  |  |
| 2 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | C: Long Day08:30 21:00 | C: Long Day08:30 21:00 | C: Long Day08:30 21:00 |
| 3 | Zero Hours | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 |  |  |
| 4 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 |  |  |
| 5 | D: Nights20:30 09:00 | D: Nights20:30 09:00 | D: Nights20:30 09:00 | D: Nights20:30 09:00 | Zero Hours |  |  |
| 6 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | D: Nights20:30 09:00 | D: Nights20:30 09:00 | D: Nights20:30 09:00 |
| 7 | Zero Hours | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 |  |  |
| 8 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 |  |  |
| 9 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 |  |  |
| 10 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 |  |  |
| 11 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 |  |  |

Template normal working days

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Normal Week | Start | End | Rest | Hours | Num of Diary Cards | Ave Start | Ave End | Ave Rest | Ave Hours |
| Mon | 08:00 | 17:30 | 00:00 | 09:30 | 0 | 00:00 | 00:00 | 00:00 | 00:00 |
| Tue | 08:00 | 17:30 | 00:00 | 09:30 | 0 | 00:00 | 00:00 | 00:00 | 00:00 |
| Wed | 08:00 | 17:30 | 00:00 | 09:30 | 0 | 00:00 | 00:00 | 00:00 | 00:00 |
| Thu | 08:00 | 17:30 | 00:00 | 09:30 | 0 | 00:00 | 00:00 | 00:00 | 00:00 |
| Fri | 08:00 | 17:30 | 00:00 | 09:30 | 0 | 00:00 | 00:00 | 00:00 | 00:00 |

Template on call duties

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Name | Intensity | Resident | Start | End | Rest | Hours | Num of Diary Cards | Ave Start | Ave End | Ave Rest | Ave Hours |
| C: Long Day | Full Shift | Yes | 08:30 | 21:00 | 00:00 | 12:30 | 0 |  |  |  |  |
| D: Nights | Partial Shift | No | 20:30 | 09:00 | 03:08 | 12:30 | 0 |  |  |  |  |

**New Deal / WTR Footnote**

This Full / Partial Shift rota has been checked and complies with the limits of the New Deal Contract for Training Grade Doctors.

On-going compliance relies on start and finish times being adhered to, natural breaks being achieved as per HDL 2003\_10 during the Full Shifts and all other New Deal limits being met.

During the Partial Shifts, 25% of the out of hours time is required as rest and should be achieved on at least 75% of occasions.

This rota also complies with the limits of the Working Time Regulations, including the 48 hour working week.

Riddell is included for all leave.

Daniel MacDonald

**Programme Director**

**23rd January 2016.**

Glasgow Health Board, QEUH, Oral (and Maxillo-Facial) surgery, **RS20** Lanarkshire (1) Feb 2016 CB, STR, Non Resident.

**Band 2B** (Based on template only)

Steps through the banding flowchart:

 - New Deal Compliant

 - Average work above 48 hours a week

 - Work pattern is a full shift, partial shift or hybrid

 - Less than 1/3 of duty hours outside 7am to 7pm Mon-Fri (.194) and less than 1 weekend in 3 (1 in 5.50)

Riddell Formula Calculations

Prospective cover for: Duties outside normal hours.

Leave: STR - 70 days/annum for 11 doctors = 770 days/annum

Total leave to be covered for the group = 770 days/annum

Between 11 doctors this is 70 days/annum each (14 wks/annum each)

Number of hours in a leave week = 47.5 (the hours in the normal working week)

For every leave day in the pattern, 09:30 hours has been added to the duty and work hours

(This figure is a fifth of the hours in a leave week)

Riddell hours = (Wkly hrs\*52 - Hol Wks\*Hrs in leave wk)/(52-Hol wks)

Riddell duty hours = ( 3079.09\*52 - 14 \* 2850)/(52 - 14) = 3163.49 = 52:43

Riddell work hours = ( 2959.46\*52 - 14 \* 2850)/(52 - 14) = 2999.78 = 50:00

New Deal Analysis

|  |  |  |  |
| --- | --- | --- | --- |
| Item | Actual | Target | Comments |
| Average weekly hours of duty | 52:43 | 60:00 |  |
| Average weekly hours of work | 50:00 | 56:00 |  |
| Longest duty (Partial) | 12:30 | 16:00 |  |
| Longest duty (Full Shift) | 12:30 | 14:00 |  |
| Shortest off duty | 11:30 | 08:00 |  |
| Longest 'off duty' period | 83:00 | 62:00 |  |
| Next longest 'off duty' period | 75:00 | 48:00 |  |
| Maximum consecutive duty days |  7 | 13 |  |
| 62+48 hr. breaks every 28 days | OK |  |  |
| Ave tot rest wkday (Partial) | 03:08 | 03:08 | (25% of out of hours duty) |
| Ave tot rest wkend (Partial) | 03:08 | 03:08 | (25% of out of hours duty) |
| % of duties with adequate rest |  100 | 75 |  |

European Working Time Directive Analysis

|  |  |  |  |
| --- | --- | --- | --- |
| Item | Actual | Target | Comments |
| Average weekly hours of work | 47:35 | 48:00 | As per CEL 14 (2009) Calculation |
| Starting each Monday, a 35 hour continuous rest in 7 days or a 59 hour continuous rest in 14 days | OK |  |  |
| 11 hrs continuous rest in any 24 hour period | OK |  |  |

Template work pattern

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Wk | Mon | Tue | Wed | Thu | Fri | Sat | Sun |
| 1 | C: Long Day08:30 21:00 | C: Long Day08:30 21:00 | C: Long Day08:30 21:00 | C: Long Day08:30 21:00 | Zero Hours |  |  |
| 2 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | C: Long Day08:30 21:00 | C: Long Day08:30 21:00 | C: Long Day08:30 21:00 |
| 3 | Zero Hours | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 |  |  |
| 4 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 |  |  |
| 5 | D: Nights20:30 09:00 | D: Nights20:30 09:00 | D: Nights20:30 09:00 | D: Nights20:30 09:00 | Zero Hours |  |  |
| 6 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | D: Nights20:30 09:00 | D: Nights20:30 09:00 | D: Nights20:30 09:00 |
| 7 | Zero Hours | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 |  |  |
| 8 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 |  |  |
| 9 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 |  |  |
| 10 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 |  |  |
| 11 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 |  |  |

Template normal working days

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Normal Week | Start | End | Rest | Hours | Num of Diary Cards | Ave Start | Ave End | Ave Rest | Ave Hours |
| Mon | 08:00 | 17:30 | 00:00 | 09:30 | 0 | 00:00 | 00:00 | 00:00 | 00:00 |
| Tue | 08:00 | 17:30 | 00:00 | 09:30 | 0 | 00:00 | 00:00 | 00:00 | 00:00 |
| Wed | 08:00 | 17:30 | 00:00 | 09:30 | 0 | 00:00 | 00:00 | 00:00 | 00:00 |
| Thu | 08:00 | 17:30 | 00:00 | 09:30 | 0 | 00:00 | 00:00 | 00:00 | 00:00 |
| Fri | 08:00 | 17:30 | 00:00 | 09:30 | 0 | 00:00 | 00:00 | 00:00 | 00:00 |

Template on call duties

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Name | Intensity | Resident | Start | End | Rest | Hours | Num of Diary Cards | Ave Start | Ave End | Ave Rest | Ave Hours |
| C: Long Day | Full Shift | Yes | 08:30 | 21:00 | 00:00 | 12:30 | 0 |  |  |  |  |
| D: Nights | Partial Shift | No | 20:30 | 09:00 | 03:08 | 12:30 | 0 |  |  |  |  |

**New Deal / WTR Footnote**

This Full / Partial Shift rota has been checked and complies with the limits of the New Deal Contract for Training Grade Doctors.

On-going compliance relies on start and finish times being adhered to, natural breaks being achieved as per HDL 2003\_10 during the Full Shifts and all other New Deal limits being met.

During the Partial Shifts, 25% of the out of hours time is required as rest and should be achieved on at least 75% of occasions.

This rota also complies with the limits of the Working Time Regulations, including the 48 hour working week.

Riddell is included for all leave.

Daniel MacDonald

**Programme Director**

**23rd January 2016.**

Glasgow Health Board, QEUH, Oral (and Maxillo-Facial) surgery, **RS21** Ayrshire (1) Feb 2016 CB, STR, Non Resident.

**Band 2B** (Based on template only)

Steps through the banding flowchart:

 - New Deal Compliant

 - Average work above 48 hours a week

 - Work pattern is a full shift, partial shift or hybrid

 - Less than 1/3 of duty hours outside 7am to 7pm Mon-Fri (.194) and less than 1 weekend in 3 (1 in 5.50)

Riddell Formula Calculations

Prospective cover for: Duties outside normal hours.

Leave: STR - 70 days/annum for 11 doctors = 770 days/annum

Total leave to be covered for the group = 770 days/annum

Between 11 doctors this is 70 days/annum each (14 wks/annum each)

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For every leave day in the pattern, 09:30 hours has been added to the duty and work hours

(This figure is a fifth of the hours in a leave week)

Riddell hours = (Wkly hrs\*52 - Hol Wks\*Hrs in leave wk)/(52-Hol wks)

Riddell duty hours = ( 3079.09\*52 - 14 \* 2850)/(52 - 14) = 3163.49 = 52:43

Riddell work hours = ( 2959.46\*52 - 14 \* 2850)/(52 - 14) = 2999.78 = 50:00

New Deal Analysis

|  |  |  |  |
| --- | --- | --- | --- |
| Item | Actual | Target | Comments |
| Average weekly hours of duty | 52:43 | 60:00 |  |
| Average weekly hours of work | 50:00 | 56:00 |  |
| Longest duty (Partial) | 12:30 | 16:00 |  |
| Longest duty (Full Shift) | 12:30 | 14:00 |  |
| Shortest off duty | 11:30 | 08:00 |  |
| Longest 'off duty' period | 83:00 | 62:00 |  |
| Next longest 'off duty' period | 75:00 | 48:00 |  |
| Maximum consecutive duty days |  7 | 13 |  |
| 62+48 hr. breaks every 28 days | OK |  |  |
| Ave tot rest wkday (Partial) | 03:08 | 03:08 | (25% of out of hours duty) |
| Ave tot rest wkend (Partial) | 03:08 | 03:08 | (25% of out of hours duty) |
| % of duties with adequate rest |  100 | 75 |  |

European Working Time Directive Analysis

|  |  |  |  |
| --- | --- | --- | --- |
| Item | Actual | Target | Comments |
| Average weekly hours of work | 47:35 | 48:00 | As per CEL 14 (2009) Calulation |
| Starting each Monday, a 35 hour continuous rest in 7 days or a 59 hour continuous rest in 14 days | OK |  |  |
| 11 hrs continuous rest in any 24 hour period | OK |  |  |

Template work pattern

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Wk | Mon | Tue | Wed | Thu | Fri | Sat | Sun |
| 1 | C: Long Day08:30 21:00 | C: Long Day08:30 21:00 | C: Long Day08:30 21:00 | C: Long Day08:30 21:00 | Zero Hours |  |  |
| 2 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | C: Long Day08:30 21:00 | C: Long Day08:30 21:00 | C: Long Day08:30 21:00 |
| 3 | Zero Hours | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 |  |  |
| 4 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 |  |  |
| 5 | D: Nights20:30 09:00 | D: Nights20:30 09:00 | D: Nights20:30 09:00 | D: Nights20:30 09:00 | Zero Hours |  |  |
| 6 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | D: Nights20:30 09:00 | D: Nights20:30 09:00 | D: Nights20:30 09:00 |
| 7 | Zero Hours | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 |  |  |
| 8 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 |  |  |
| 9 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 |  |  |
| 10 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 |  |  |
| 11 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 | Stnd Day08:00 17:30 |  |  |

Template normal working days

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Normal Week | Start | End | Rest | Hours | Num of Diary Cards | Ave Start | Ave End | Ave Rest | Ave Hours |
| Mon | 08:00 | 17:30 | 00:00 | 09:30 | 0 | 00:00 | 00:00 | 00:00 | 00:00 |
| Tue | 08:00 | 17:30 | 00:00 | 09:30 | 0 | 00:00 | 00:00 | 00:00 | 00:00 |
| Wed | 08:00 | 17:30 | 00:00 | 09:30 | 0 | 00:00 | 00:00 | 00:00 | 00:00 |
| Thu | 08:00 | 17:30 | 00:00 | 09:30 | 0 | 00:00 | 00:00 | 00:00 | 00:00 |
| Fri | 08:00 | 17:30 | 00:00 | 09:30 | 0 | 00:00 | 00:00 | 00:00 | 00:00 |

Template on call duties

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Name | Intensity | Resident | Start | End | Rest | Hours | Num of Diary Cards | Ave Start | Ave End | Ave Rest | Ave Hours |
| C: Long Day | Full Shift | Yes | 08:30 | 21:00 | 00:00 | 12:30 | 0 |  |  |  |  |
| D: Nights | Partial Shift | No | 20:30 | 09:00 | 03:08 | 12:30 | 0 |  |  |  |  |

**New Deal / WTR Footnote**

This Full / Partial Shift rota has been checked and complies with the limits of the New Deal Contract for Training Grade Doctors.

On-going compliance relies on start and finish times being adhered to, natural breaks being achieved as per HDL 2003\_10 during the Full Shifts and all other New Deal limits being met.

During the Partial Shifts, 25% of the out of hours time is required as rest and should be achieved on at least 75% of occasions.

This rota also complies with the limits of the Working Time Regulations, including the 48 hour working week.

Riddell is included for all leave.

Daniel MacDonald

**Programme Director**

**23rd January 2016.**