

### Post-menopausal bleeding

This is defined as unscheduled bleeding after 1 year of amenorrhoea. Women with PMB require urgent referral.

Women on continuous combined HRT regimes should also be referred if they have bleeding after 6 months of use.

#### Suggested GP actions

- Speculum and bimanual examination if possible to exclude pelvic mass or cervical tumour
- Refer urgently on the gynaecology 'PMB' template
- There is no need to stop HRT prior to investigations

#### Information for patients

- Reassure that most women will have benign pathology and that the likely course of action will be a transvaginal scan +/- pipelle endometrial biopsy +/- hysteroscopy